

100 YEARS OF HISTORY
— 1919-2019 —

RESPECT – TEAMWORK – INTEGRITY – CONTRIBUTION – FAMILY

PARENT HANDBOOK 2019



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1. WELCOME FROM THE PRESIDENT

Dear Families, Players, Supporters & Friends,

Welcome back to Edwardstown Football Club for the 2019 season to all our returning players and families, and to all of our new players and families we hope you enjoy becoming part of the Edwardstown community. This will be another exciting year at EFC as we celebrate our 100 year anniversary and move in to our new home. This is a very exciting time for our club and I am sure that we can continue to grow our club and its reputation as one of the most successful junior sporting clubs in the community.

This booklet has been designed to provide junior players and parents with some basic information about the club and set the expectation of what it means to be part of our club.

Our Board would like to sincerely thank all Committee members, parents, players, sponsors and supporters of our great club as we aim to continue to build upon the solid foundations of those who have come before us to ensure that our traditions and values remain strong. There is a great spirit and family atmosphere being built at Edwardstown which serves a greater purpose than just the children playing football.

Some of our new and continuing initiatives for 2019 include:

- *Growing Girls Football – after a successful start in 2017 we aim to strengthen our girls program fielding 4-5 teams in season 2019*
- *Quality First Aid – professional providers at all home games, trainer courses, Defib machines in action at home venues*
- *Strong connection between Senior and Junior programs – including “A Day with the A Grade” initiative and mentoring roles*
- *Experienced and stable team in Junior Football Operations and quality junior coaches*
- *Coach Mentor program with regular professional development for coaches*
- *Club survey to obtain member feedback and keep improving all areas of EFC*
- *Fantastic social events*
- *Welcoming and supporting new and existing sponsors*
- *100 year anniversary celebrations – including a history book*

Our club is administered by some committed and talented volunteers and it is important that this group is continually expanded upon year to year to keep the club moving forward and progressive. There are many opportunities at the club for volunteers to become involved and make a difference, so please do not hesitate to contact your team manager or one of our committee members if you would like to help out and join a great team.

Without volunteers the club cannot run and our kids can't play so if you are required on match day or otherwise please get involved.

Eddie Dessmann

Club President (on behalf of the Board of the Edwardstown Football Club)

2. EDWARDSTOWN FOOTBALL CLUB HISTORY

The Edwardstown Football Clubs history travels that back over 100 years, since our establishment in the Edwardstown area in 1919 to give the young men and return soldiers a place to gather, join the friendship that come with a local club and the competitive drive needed to play Australian Rules football.

Over the journey the Edwardstown FC has experience the highs and lows of local football, the Club has always strived to play in the Premier Competition available in South Australia, from the early days in Glenelg South through to the very strong and successful SAFA days where games were televised on Channel 7 on Sunday afternoon direct from the Edwardstown Memorial Oval. In recent years the senior teams have been playing in the Southern Football League before making the return to the largest competition in South Australia, the South Australian Amateur Football League.

Edwardstown Junior Football Program also boasts a very proud history, especially in the last 20 years being one of the most successful junior programs in South Australia. Winning Premiership is not how we judge the success of our junior program.

Success of our Junior Football Program is measured by the players that learn the game, love the game, want to stay involved in the game and proceed onto senior football be it at EFC, SANFL or AFL.

Edwardstown FC players playing SANFL

EFC has several players playing SANFL league from Guy Page at Sturt to the several lads at West Adelaide who were heavily involved in West Adelaide winning the 2015 SANFL Premiership, players such as Adam Hartlett, Shannon Green, Nicholas Homburg, Josh Holiday and Peter Nelson

Edwardstown FC players drafted

Below is a list of players who have been drafted to the AFL after playing all or the majority of their junior football at Edwardstown FC, we are certainly a leader in SA for the sheer amount drafted from 1 Club.

- Caleb Daniels - Western Bulldogs (2014)
- Jared Bolinghangen – Fremantle (2011)
- Jordan Russell – Carlton (2010)
- Jack Carter – Collingwood (2009)
- Hamish Hartlett – Power (2008)
- Matthew Martin – Power (2008)
- Tyson Slattery – Essendon (2008)
- Adam Hartlett – Carlton (2004)
- Danyle Pearce – Power (2004)
- Sean Rusling – Collingwood (2004)

Edwardstown FC Premierships

- A-Grade = 19
- Reserves = 13
- C-Grade = 12
- D-Grade = 4
- Juniors (all grades) = 28
- Total of 75 Premiership in 96 years, a record to be proud of

3. OUR STRATEGIC PLAN

Our Vision

Our aspiration is to be a sustainable, reputable and respected sporting club that is a destination of choice locally for all players, families and the wider community in providing pathways to fulfilling their potential.

Our Purpose

To provide an inclusive and enjoyable environment for the community to connect and find a sense of belonging with. To help everyone involved in the club to realise their potential.

Our Values

Our Vision for the club will be achieved by living our values on and off the field through the following values:

- Respect
- Teamwork
- Honesty/integrity
- Family Friendly

Our Culture

We are passionate, authentic, and accountable on and off the field. Our heritage and past has built on an open and welcoming atmosphere that is very much alive today. We have strong levels of club commitment with individual's strengths utilised in our programs with a focus on improving every individual participating.

Our Six Pillars

Our programs, people, and facilities combined provides our players with every opportunity to fulfill their sporting potential. Edwardstown Football club is the club of choice for parents, players and the wider community with a reputable program driven by highly regarded leaders in their field.

1. EFC Community

The Edwardstown Football Club provides a high level of satisfaction and engagement from all players, parents, coaches, volunteers, strategic partners and the wider community involved with the programs.

2. Volunteers

Our volunteers are nationally recognised as best practice. We develop our volunteers at all levels offering opportunities to learn and grow. We recognise the contribution made by our volunteers.

3. Player Development, Coaching and Performance

Our sporting programs provide not only successful performances for each season, but also the long term development of the club and our players and families.

4. Facilities, Budget and Equipment

Our facilities and equipment are of a world class standard providing opportunities for player development balanced with a sustainable financial model.

5. Brand & Reputation

Edwardstown Football Club are seen by other clubs, strategic partners, parents, players and the wider community as a destination of choice with a strength in developing, attracting and maintaining a high caliber of players whilst holding a strong and proud reputation as an enjoyable and welcoming environment to all.

6. Strategic Partnerships

Our strong strategic partnerships allow us to grow our program through a focus on ensuring that we are able to offer mutually beneficial outcomes to our partners.

4. JUNIOR CLUB SONG

*Oh, we're from Edwardstown,
A fighting fury, we're from Edwardstown,
In any weather you will see us with a grin,
Risking head and shin,
If we're behind then never mind,
We'll fight and fight and win.*

*For we're from Edwardstown,
We'll never weaken 'til the final siren's gone.
Like the Townies of old,
We're strong and we're bold.
For we're from Edwardstown, (Never look back)
For we're from Edwardstown*

5. CLUB CONTACTS

2019 BOARD		
Position:	Name:	Email Address:
President	Eddie Dessmann	edessmann@bigpond.com
Chairman/Finance Director	Matt Carberry	matthew@vervegroup.com.au
Secretary	Peter Dabinett	pandmdabinett@bigpond.com
Senior Football Director	Adrian Holmes	holmes.beer@hotmail.com
Junior Football Director	Craig Heidenreich	cheidenreich@wua.com.au
Brand and Marketing Director	Vacant	
Sponsorship Director	Peter Attard	peter@them.com.au
Membership Director	Paul McInerney	sharyn.mcinerney@bigpond.com
Facility/Maintenance Director	Dale Hurley	Kdhurley03@gmail.com
Events & Fundraising	Chris Iley	

2019 JUNIOR COMMITTEE		
Position:	Name:	Email Address:
Junior Football Director	Craig Heidenreich	cheidenreich@wua.com.au
Football Operations Manager	Ben Kitto	edwardstownfcjuniors@gmail.com
Girls Football Manager	Paul Modra	VACANT
Secretary	Jenni Carberry	matjen5@yahoo.com.au
Assistant Secretary	Kelly Hurley	
SANFL Delegate	Duane Cauchi	duanecauchi@icloud.com
Event & Fundraising Co-ordinator	Vacant	VACANT
Registrar	Andrea Williams	mickandw@adam.com.au
Team Managers Representative	Grace-Anne Fedele	gdfedele@adam.com.au
Coaches Representative	Jamie Downs	
Child Safety Officers	Jenni Carberry Shane Curley	matjen5@yahoo.com.au

6. COMMUNICATIONS

Edwardstown Football Club endeavors to provide members with relevant and up to date information at all times.

From 2019 the primary form of communication will be via Team App in conjunction with the "Townies Talk" newsletter.

You do not need access to a smartphone to receive notifications from Team App, you can elect to receive notifications via email. Team App will be updated regularly and is a comprehensive source of information keeping you up to date on what is happening at EFC.

The App can be downloaded here: (<http://teamapp.com/app>). **Its 100% FREE.**

Launch Team App.

Then:

1. Sign-up to Team App. You'll be sent an email to confirm your registration.
2. Log in. Then search for Edwardstown Football Club and request access to group(s) that apply to you.

Our Facebook and web site are updated regularly and are also a good source of information.

Edwardstown Football Club will adhere to the Communication Policy & Social Media Policy outlined in **Appendix 1**.

7. SOCIAL ACTIVITIES & FUNDRAISING

Social Activities & Fundraising

The Edwardstown Football Club prides itself of delivering a great experience for players and their families and believe the success of our club will be as much about off-field success as on-field success.

EFC provides good quality, low cost meals most Friday nights at the Club after Junior Training during the Football season.

We encourage as many families as possible to stay and enjoy a meal together after training. This is a great way to start your weekend, get to know other families, and even watch the football on the big screen!

Additionally, we run a limited number of fundraising and social events during the season. Funds raised through these events go directly back to the Club therefore benefiting your junior players.

Below are a list of planned events and proposed dates:

Key Event Dates:

- Season Launch – Saturday 30 March 2019
- Guernsey Presentation – Friday 5 April
- First Senior Game – 6 April 2019
- First Junior Game – 7 April 2019
- Anzac Day Game – 25 April 2019
- School Holidays – 15 – 26 April 2019
- 100 year Ball – 27 April 2019
- Ladies Day – 11 May 2019
- Townies Got Talent – 25 May 2019
- Quiz Night – 15 June 2019
- Past Players Day – 29 June 2019

- School Holidays – 8-19 July 2019 (no games on 7 or 14 July 2019)
- Last minor round game – 18 August 2018
- Junior Presentation Day/Night - TBA
- Club Ball - TBA

8. CODE OF CONDUCT & ISSUE RESOLUTION

8.1 Code of Conduct

As a club with a large amount of juniors our aim is to create a family friendly environment where boys and girls can learn new skills, be active and enjoy the ‘mateship’ of being part of a team. To ensure this the club adheres to the SANFL Juniors Codes of Conduct.

Please read through the codes below and discuss them with the members of your family.

<http://www.sanfl.com.au/wp-content/uploads/2016/11/10.1.1-Players-Code-of-Conduct.pdf>

<http://www.sanfl.com.au/wp-content/uploads/2016/11/10.1.2-Coaches-Code-of-Conduct.pdf>

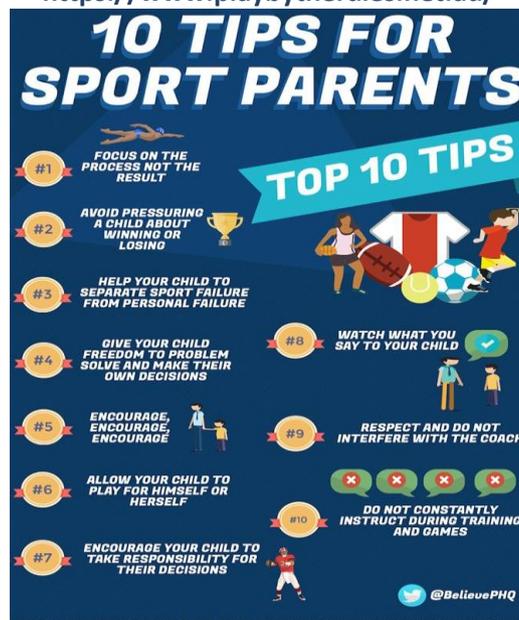
<http://www.sanfl.com.au/wp-content/uploads/2016/11/10.1.3-Parents-and-Supporters-Spectators-Code-of-Conduct.pdf>

<http://www.sanfl.com.au/wp-content/uploads/2016/11/10.1.4-Ground-Marshalls-Code-of-Conduct.pdf>

<http://www.sanfl.com.au/wp-content/uploads/2016/11/10.1.5-Club-Officials-Code-of-Conduct.pdf>

The following website is also a great resource for parents in relation to all junior sports.

<https://www.playbytherules.net.au/>



8.2 Issue Resolution

All communication must be referred to your Team Manager/Coach in the first instance. Most problems can be resolved quickly and easily this way.

If the problem persists, or is not resolved to your satisfaction, please submit your complaint in writing (complaint forms can be accessed from your Team Manager/Coach see **Appendix 2**) to the Junior Committee/EFC Board who will address your issue at a forthcoming meeting. You will be advised of the outcome.

Please note that under no circumstances is ANY individual from our club permitted to complain in writing or verbally to any other club or the SANFL. Every complaint of this nature MUST be brought to the attention of the Junior Football Director/EFC Board, who will assist you.

9. 2019 SEASON INFORMATION

9.1 The Competition

The Edwardstown Junior Football Club participates in the SANFL Juniors Football League in U 7, U8-9-10-11-12-13-14,15 & 18. The Club is bound by the Rules and regulations of the SANFL.

The home-and-away season normally consists of 16 rounds. Final's series are played from U12 upwards. No Premiership ladder is kept for U8-9-10-11.

Under 8s, 9s and 10s play in a modified game of either 9 a side or 12 a side on a modified oval with modified tackling rules. Under 11 and above are 18 a side teams on a full oval with full tackling.

Under 12 girls is 9 to 12 per side on a modified oval with modified tackling rules.

Generally, games are played on a Sunday, with potential for some games under lights on a Friday night, or a Saturday night after senior home games.

9.2 2019 Registration Fees

The Edwardstown Football Club Committee has approved the following registration fee structure for 2019:

2019 EFC Membership Pricing		
	Registration Fee	Registration Fee (after sports voucher)
Senior Player	\$300	n/a
Under 18	\$220	n/a
One Player (Under 7)	\$50	\$0
One Player (Boys & Girls Under 8 to Under 11)	\$200	\$100
One Player (Boys & Girls Under 12 to Under 16.5)	\$220	\$120

Second Player	Deduct \$20	
Third & subsequent players	FREE	

Invoices will be issued prior to round 1.

All fees are required to be paid prior to commencement of the season. Failure to pay fees could result in that player not being selected to play until all fees are paid. If you require more time to pay, please speak with our Treasurer Matt Carberry to make alternative arrangements.

9.3 Age Appropriate

U7- Must be under 7 on the 1st of January - Players cannot participate in games until they turn five.

U8- Must be under 8 on the 1st of January - Players cannot participate in games until they turn six.

U9 - Must be under 9 on the 1st January - A player who still qualifies to play U8s will only be allowed to play U9s if they have previously played 2 years in U8 and will be at the discretion of the junior committee.

U10 - Must be under 10 on the 1st of January - Players who still qualify to play U9s will only be allowed to play U10s if they are skill and size appropriate and will be at the discretion of the junior committee.

U11-U18 - All players will be registered in their age appropriate group*.

The philosophy of EFC wherever possible is to have players playing in their correct age group.

We believe this is best for their development long term. In some cases we may require players to play in different grades to fill teams and this will be discussed with the coaches, parents and players to ensure all parties are comfortable with the outcome.

Any request to play outside the age group must be discussed with the Junior Football Director and the Junior Football Coordinator. No guarantees can be granted to a player until closer to the first game of the season when numbers become clearer and will always be at the discretion of the junior committee.

Year Born:	Age Group:
2013	Auskick or Under 7
2012	Under 7 or Under 8
2011	Under 8
2010	Under 9
2009	Under 10
2008	Under 11
2007	Under 12
2006	Under 13
2005	Under 14
2004	Under 15

2003	Under 16.5
2002	Under 16.5
2001	Under 18
2000	Under 18

* For a 2011 born player to play Under 8's he or she must have turned 7 prior to 30 April of the current football year.

9.4 Team Coaches

Team	Name	Contact
Under 7	Vacant	
Under 8	Mike O'Brien James Northcote	mike@autoshades.com.au James.a.northcote@gmail.com
Under 8 Girls	Adam Hughes Anthony May	Adam.hughes@sa.gov.au mayzie_deb@yahoo.com
Under 9	Shane Curley Duane Cauchi	curleyquix@gmail.com duanecauchi@icloud.com
Under 10	Matthew Carberry Rob Gregory	matthew@vervegroup.com.au rgregory75@bigpond.com
Under 10 Girls	Daniel Page	marnieleepage@gmail.com
Under 11	David Fedele	david.fedele@sandvik.com
Under 12	David Threadgold	dthreadgold27@gmail.com
Under 12 Girls	Glen Mahney	glenn.mahney@gmail.com
Under 13	Dale Hurley	dalehurley71@gmail.com
Under 14	Anthony Kadi	anthiesk@optusnet.com.au
Under 14 Girls	Andrew Bullock	andrewb12365@gmail.com
Under 15	Scott Beckham	landsbeckham@bigpond.com
Under 16.5	Bryce Smith	
Under 16 Girls	Paul Modra	mods05@hotmail.com

9.5 2019 Training Timetable

Team	Training Time
Auskick	Friday's 4.00-5.00pm (Terms 2 & 3)
Under 7	Friday's 4.00-5.00pm (Terms 2 & 3)
Under 8	Friday's 4.30-5.30pm
Under 8, 10 Girls	Friday's 4.30-5.30pm
Under 9	Friday's 5.00-6.00pm
Under 10	Friday's 5.00-6.00pm
Under 11	Friday's 5.30-6.30pm
Under 12 Girls	Wednesday's 4.30-5.30pm Friday's 5.30-6.30pm
Under 12	Tuesday's 5.00-6.00pm Friday's 6.00-7.00pm

Under 13	Wednesday's 5.30-6.30pm Friday's 6.00-7.00pm
Under 14, 16 Girls	Wednesday's 4.30-5.30pm (Under 14) Wednesday's 5.00-6.00pm (Under 16) 2 nd training at CLG every week
Under 14, 15 & 16.5	Tuesday's 5.00-6.00pm (Under 14) Tuesday's 6.00 – 7.30pm (Under 16.5 train with Senior C Grade) Wednesday's 5.30-7 (Under 15) Floaters, Friday training in time slots for teams playing night games and rotating on Thursday nights (5-6pm) with each other.

All training's will be at Edwardstown Oval unless otherwise advised. Training times may change but you will be notified in advance of any changes.

All players are expected to attend training on a weekly basis. Failure to attend training on a regular basis could result in players forfeiting their right to game time.

Football is a team game and as such training together will ensure the team plays as a team on match day. All players are required to attend training in correct football attire.

EFC does not condone parents leaving their children at training or games unattended. EFC is a family club and our coaches and volunteers are here to give all children a good football experience, but cannot be responsible for children outside of their involvement in training or game day.

If you need to leave your child it is your responsibility to ensure a responsible person has agreed to look after them in your absence.

9.6 Game Day

Start times and venues vary from week to week. Please check the SANFL Juniors web site or Edwardstown Team App for up to date fixtures.

http://www.sanfl.com.au/sanfl_juniors/fixtures/

<https://edwardstownfootballclub.teamapp.com/dashboard>

All players are expected at the ground a minimum of 30 minutes prior to the game, unless advised differently by the coach.

Players should ensure they are ready to play as soon as possible after their arrival at the ground and be ready for warm-ups and their Coach's instructions.

Where possible we would like players to attend game day in their club jacket or polo shirt.

Important SANFL Junior match day information can be found here:

<https://sanfl.com.au/inside-sanfl/resources/?resource-type=rules>

<https://sanfl.com.au/inside-sanfl/resources/?resource-type=policies>

<https://sanfl.com.au/inside-sanfl/resources/?resource-type=training-resources>

<https://sanfl.com.au/inside-sanfl/resources/?resource-type=form>

9.7 Player Rostering

Given that 22-24 players take the field each week for football rostering of players will be necessary.

It is the policy of the EFC that during the minor round all players will receive equal playing time as best as possible. If a side gets the opportunity to play in a grand final then it is at the discretion of the Coach as to how much game time is given to each player.

If you know in advance of days you will not be able to play please advise your Coach so that he will be able to roster you off on those days. In the event that a player is sick on match day, please advise your Coach or Team Manager as soon as possible so the roster can be adjusted accordingly.

Even if you are rostered off players are asked to attend the match and bring their playing gear, as sickness or injury may result in a position becoming available before the start of the game.

If you are rostered off, your presence to support your team mates will be appreciated, you may be able to help by carrying water for the team or by helping out as a scoreboard attendant; these roles are required each week and your support will be valued.

Remember, everyone is part of the team and should contribute to the team's success!

9.8 Uniform Requirements

Shorts, Socks

All players are required to have their own shorts. Dark blue for all games for Under 8-11 and dark blue for home games & white for away games for Under 12's and up. All players are required to have their own socks dark & light blue hooped.

**Shorts and socks can be purchased from:
SportsPower Melrose Park
Shop 11 1031-1037 South Road, Melrose Park SA 5039
Ph. 8277 1211.**

No shorts or socks will be available from the club

Edwardstown Football Club will supply the playing jumpers at the beginning of the season. They are expected to be returned washed, at the end of the season.

These jumpers are for match use only and must not be worn to training.

Boots

Please note boots with metal tipped sprigs are not permissible within this competition.

Boots MUST be removed before entering the Clubrooms at EFC

Boots, Socks & Shorts box

If you have boots, shorts or socks in good condition that you no longer need, please consider donating to your club. The club will make these available to other families.

Skins

Players are allowed to wear “skins” under their shorts. However, SANFL Rules require that they only be beige in colour. Other coloured skins (black/blue/white) are not allowed under the SANFL Rules and EFC is subject to fines if players do not comply.

Jewellery

No jewelry is to be worn during training or games.

EFC Merchandise

Kelly Hurley will be responsible for EFC Merchandise for season 2019. Order information will be released early in season 2019. Stay tuned for some exciting new products.

9.9 Mouthguards

It is an Edwardstown Football Club Junior Sports Policy that all players wear mouth guards during all football games. This is also a requirement of the SANFL. **NO MOUTHGUARD NO PLAY.** It is also recommended that all players bring their mouth guards to training and use it when involved in contact training.

9.10 Injury

All players should immediately report any new injury at training to their Coach. They should then report to the medical officer for assessment.

The Edwardstown Football Club will be providing a qualified Sports Trainer / First Aid to deal with injuries at Training and on Game days, players should respect our Trainers and follow their instructions to allow for proper recovery.

Players should seek proper medical advice on any prolonged injury. Please don't try and play if you are unfit, as this is not fair to either yourself or your team-mates.

Edwardstown Football Club will adhere to the following SANFL policy:

<https://s3-ap-southeast-2.amazonaws.com/sanfl-media/content/uploads/2019/02/18150008/10.12-SANFL-Juniors-Bleeding-Blood-Born-Infections-Policy.pdf>

The Edwardstown Football Club is always looking for further help in the area of Trainers/First Aid. We are prepared to pay for the costs of courses to ensure you feel comfortable dealing in this area. If you are interested, please contact your Coach or Team Manager.

9.11 Concussion

The Edwardstown Football Club will adhere to the concussion policy as set out by the SANFL Juniors <https://s3-ap-southeast-2.amazonaws.com/sanfl-media/content/uploads/2019/02/18150257/10.15-Concussion-Policy.pdf>

9.12 Insurance

All financial players are covered by the AFL Insurance Scheme, which assists in covering major non-Medicare costs which may arise as a result of injury.

9.13 Weather Policy

Edwardstown Football Club will adhere to the weather policy as set out by the SANFL. <https://s3-ap-southeast-2.amazonaws.com/sanfl-media/content/uploads/2019/02/18151406/10.25-Weather-Policy.pdf>

9.14 Player Welfare

Edwardstown Football Club has a responsibility to provide a safe environment for all participants. Recent legislation requires that all people in clubs and organisations who come into contact with children under the age of 18 years must undergo a check and be approved to hold his or her position in the organisation. Edwardstown Football Club will ensure that all relevant people meet these requirements.

It is expected that all players arrive at games and training properly hydrated and that during games and training they continually drink fluids. Players must supply their own drink bottles to avoid the spread of germs.

Edwardstown Football Club will adhere to the following policies as set out by the SANFL in relation to player welfare:

<https://sanfl.com.au/inside-sanfl/resources/?resource-type=policies>

In addition the Edwardstown Football Club will adhere to our bullying policy as set out in **Appendix 3**.

9.15 Player Awards & Milestone Games

Awards for every match will be conducted on the **Friday after training** unless otherwise advised. Coaches and Team Managers will endeavor to share the awards amongst all players and reward them for efforts, improvement and team work.

This is an exciting time for our juniors to stand up in front of the EFC community. Please respect this opportunity and give the juniors your attention while these awards are presented.

Team	Awards
Under 8, 8G & 10G	Friday's at approximately 5.45pm
Under 9 & 10	Friday's at approximately 6.15pm
Under 11 and 12G	Friday's at approximately 6.45pm
Under 12 & 13	Friday's at approximately 7.15pm
Under 14	Dependent on training time some Thursdays
Under 15	Dependent on training time some Thursdays
Under 16.5	Dependent on training time some Thursdays

Edwardstown Football Club greatly values the milestone for any player and typically games are celebrated in milestones of 50, 100 and 150 games. EFC will endeavor to keep accurate records of all members games played.

Further information can be found in the EFC Junior Awards Policy in **Appendix 4**.

9.16 Auskick & U7's

Each year, the Edwardstown Football Club conducts an AUSKICK program for children between the ages of 5 to 8 years. The AUSKICK program is designed to provide youngsters with the opportunity to learn and develop their football skills in a fun-filled environment. If these children enjoy their first experience playing football, they may subsequently want to play in our junior competition.

Full details available on aflauskick.com.au

The SANFL is also running an U7's competition which is for children that are in between AUSKICK and U8's. The U7 competition is a shorter season which gives the children a taste of playing football and is a great opportunity to expose the children to the game day experience before they get to the longer U8's season.

For more information contact edwardstownfcjuniors@gmail.com

10. GET INVOLVED WITH YOUR CLUB

10.1 Volunteers

The Edwardstown Football Club, like all clubs, is dependent on the help of parents and friends to run the football club successfully. There are a number of ways you can help support your child's team and your club:

- Coaches
- Assistant Coaches
- Assist with training
- Team Manager
- Match Day Official
- First Aid Officer

- Canteen & BBQ (All families will be rostered to do 1-2 hours during the year)
- Match Day Runner & Water Carrier(U11+)
- Half Time Refreshments – team manager will have their own arrangement but generally all parents are asked to take turn in providing oranges at half time.
- Goal Umpires – your Team Manager will draw up a roster (eg. the parents of the week’s game captain will be asked to goal umpire).
- Boundary Umpire (U13+)
- Trainers
- Committee Members – various roles

The Edwardstown Football Club is prepared to provide funding support for the completion of relevant courses, in return for your assistance in these areas within the club.

Volunteers are the heart and soul of EFC and there are many people that commit many hours to make the club successful.

You will be asked to help out for small periods of time during the year to support the club and we appreciate your support to lighten the load for everyone.

10.2 Sponsorship

An integral part of the Edwardstown Football Club success is the partnering with local like-minded businesses in our community.

There are currently numerous sponsorship opportunities that exist to become Major Senior Sponsor, Major Junior Sponsor, Senior or Junior Team Sponsor, Junior Jacket Sponsor, Senior Player Sponsor or Product Sponsor.

Please contact Peter Attard for further details if you or anyone you know is interested in sponsoring our great club. peter@them.com.au

11. APPENDICES

11.1 Appendix 1:

EDWARDSTOWN FOOTBALL CLUB

COMMUNICATION POLICY

Our commitment

Electronic communication is essential for sharing club news and information with our members. Our communication will be timely, appropriate and related to club business.

What we will do

We use a range of electronic tools to communicate with our members. Our communication will protect members' privacy, maintain clear boundaries and ensure that bullying and harassment does not occur.

A webmaster will be appointed to provide accountability and control over material published on our club's website and any related discussion groups or social media websites, such as Facebook, YouTube or Twitter.

Website

- Our website will contain essential club information like policies, constitution, rules and by-laws.
- No offensive content or photos will be published.
- If we intend to publish a photo of a child, we will first seek permission from his or her parents and take care not to provide identifying information.
- We will seek feedback from members to improve the information available on the site.

Team App, SMS and email

Committee members, coaches and team managers may use Team App, SMS and email to provide information about competition, training, club-sanctioned social events and other club business:

- Team App will include current information on competitions, social events, committees etc.
- SMS messages should be short and about club/team matters
- Email communication will be used when more information is required (eg. Rosters/ Club Newsletter)
- Communication involving children will be directed through their parents.

Social media websites

- We treat all social media postings, blogs, status updates and tweets as public 'comment'.
- Postings (written, photos or videos) will be family-friendly and feature positive club news and events.
- No personal information about our members will be disclosed.
- No statements will be made that are misleading, false or likely to injure a person's reputation.

- No statements will be made that might bring our club into disrepute.
- Abusive, discriminatory, intimidating or offensive statements will not be tolerated. Offending posts will be removed and those responsible will be blocked from the site.

What we ask you to do

We expect our members to conduct themselves appropriately when using electronic communication to share information with other members or posting material on public websites connected to the club.

Electronic communication:

- should be restricted to club matters
- must not offend, intimidate, humiliate or bully another person
- must not be misleading, false or injure the reputation of another person
- should respect and maintain the privacy of members
- must not bring the club into disrepute.

Coaches and others who work with children and young people must direct electronic communication through the child's parents.

Non-compliance

Members may face disciplinary action for sending inappropriate electronic communication or posting online content or comments that harass, offend, intimidate or humiliate another member, as outlined in our member protection policy or code of conduct.

Under certain circumstances, cyber bullying (e.g. bullying that is carried out through an internet service such as email, a chat room, discussion group, instant messaging or website) is a criminal offence that can be reported to the police.

In addition, members who publish false or misleading comments about another person in the public domain (e.g., Facebook, YouTube or Twitter) may be liable for defamation.

I, <INSERT YOUR NAME> have read and understood the policy and will abide by it as a member of <INSERT YOUR ORGANISATION'S NAME>.

Signature:

Date:

If under 18 years of age, parent/guardian:

Signature:

Date:

EDWARDSTOWN FOOTBALL CLUB

SOCIAL MEDIA POLICY

Rationale

The purpose of this policy is to encourage acceptable and beneficial use of social media by volunteers/ members at **Edwardstown Football Club** (the **Club**). It is recognized that most volunteers/members may use or interact with social media at work/school and in a personal context.

There is great potential for the use of social media in sporting communities in terms of organization, marketing and promotion and as a means of daily communication.

However, club members also need to understand the expectations of the Club when using social media in both a community and personal capacity as there are also risks that must be appropriately managed.

Social Media Risks

The following are some of the major risks associated with the use of social media:

- reputational damage to organizations and people;
- disclosure of confidential information and breach of privacy laws;
- posting of offensive, bullying, harassing, and discriminatory material;
- misuse of intellectual property and breach of copyright laws; and

What is Social Media?

Social media is any form of online or web-based publication, forum or presence that allows interactive communication, including, but not limited to, Facebook, LinkedIn, Instagram, blogs, forums, discussion boards, chat rooms, Wikis, Twitter and YouTube.

Guiding Principles

Members must recognize:

- online behavior should at all times demonstrate respect for the dignity of each person;
- the need to behave in an ethical manner when using social media (even for personal communication on behalf of the Club) as those communications can reflect on their role at the Club and must be consistent with the Clubs code of conduct, expectations and standards;
- Social media activities may be visible to current, past or prospective members, players and parents.

“Golden rules”: Social media account holders will avoid the potential of breaching this policy and compromising the clubs expectations of them if they do not use personal social media forums to:

- post any unauthorized material about the Club (eg. Regarding players/parents/coaches/policies,etc); or
- post inappropriate material about themselves or others; or
- make inappropriate contact with members of the Clubs community.

Club-related use of Social Media

Generally

When using social media for club related purposes, account holders must:

- first obtain the consent of the communications Director (which can be for a specific instance or for a general purpose or role) before:
- posting any material that may be perceived as being made “on behalf” of the Club (eg. any commentary, Club information, photographs of the Club, players, staff or other identifying images); and
- using the Club’s logo, trademarks, official photographs or any other intellectual property of proprietary materials; and
- not post inappropriate material or commentary that breaches other policies outlining expected behaviors of employees at the Club.
-

If there could be reasonable concerns that posting any material could be considered inappropriate (eg. in light of potential privacy or copyright obligations), then an account holder must first raise those concerns with the Director before posting the material.

Consequences of Breaching this Policy

Non-compliance with this policy may be grounds for disciplinary action, depending on the seriousness of the circumstances.

Policy Review

This Policy will be reviewed every *two years* to take account of any changed technology, legislation, expectations or practices, and in line with board AGM nominations structure revisions.

11.2 Appendix 2:

EDWARDSTOWN FOOTBALL CLUB

ISSUES RESOLUTION POLICY

The Edwardstown Football Club requires that all issues are resolved to the satisfaction of the club's members & officials in a timely fashion. Accordingly, the following issue resolution procedures have been developed to enable this objective to be fulfilled. All members have a responsibility to participate in reasonable actions to resolve issues. The procedures below detail the level of involvement for expediting issue resolution.

Procedure

Any person wanting to raise an issue shall do so as follows:

Issue	To be raised with
Football or team related	Team Manager &/or coach
General Nature	President &/or Chairman of Board (EFC related) Junior Football Director (Junior specific)

All issues to be lodged in writing to the appropriate person, as above via the EFC complaint form (this can be accessed from you coach or Team Manager or via the website).

Whenever possible, the person reporting the issue should make suggestions that may resolve the issue. As soon as possible after an issue has been reported, the Team Manager &/or Coach &/or President &/or Chairman/Junior Football Director and the claimant must meet and try to resolve the issue.

Where the initial party/ies cannot resolve the issue to the satisfaction of all parties and the matter is football/team related, the Team Manager &/or Coach or Claimant should refer the matter as soon as possible to the Junior Football Director to assist in the issue resolution process.

In attempting to resolve the issue, all parties should take into account the following factors:

- the extent of the issue (i.e. is it likely to have a wider effect in the club)
- the number of players &/or teams affected
- whether appropriate temporary measures are possible or desirable
- the expected time before the issue can be addressed and what resources may be needed to resolve the issue.

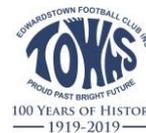
The consent of the EFC Board must be obtained before any external parties are involved in the resolution of club issues. Only the club President &/or Chairman is authorised to make public comments or statements on behalf of the club. The Team Manager &/or Coach may, at any time, call upon the Junior Football Director/President &/or Chairman for assistance to resolve the issue.

Any football or team related issue reported to the Committee, where the Team Manager &/or Coach has not been given the initial opportunity to resolve the issue, will be referred back to the Team Manager &/or Coach.

All persons must take reasonable actions to avoid situations that could cause injury or harm to the health of players, parents, officials, spectators or members of the general public. If any hazard is identified, the President &/or Vice President should be informed as soon as possible.

Record of complaint form (example)

Name of person receiving complaint		Date: / /
Complainant's Name	<input type="checkbox"/> Over 18 <input type="checkbox"/> Under 18	
Complainant's contact details	Phone: Email:	
Complainant's role/status in Club	<input type="checkbox"/> Administrator (volunteer) <input type="checkbox"/> Parent <input type="checkbox"/> Athlete/Player <input type="checkbox"/> Spectator <input type="checkbox"/> Coach/Assistant Coach <input type="checkbox"/> Support Personnel <input type="checkbox"/> Employee (paid) <input type="checkbox"/> Official <input type="checkbox"/> Other <input type="checkbox"/>	
Name of person complained about	<input type="checkbox"/> Over 18 <input type="checkbox"/> Under 18	
Person complained about role/status in Club	<input type="checkbox"/> Administrator (volunteer) <input type="checkbox"/> Parent <input type="checkbox"/> Athlete/Player <input type="checkbox"/> Spectator <input type="checkbox"/> Coach/Assistant Coach <input type="checkbox"/> Support Personnel <input type="checkbox"/> Employee (paid) <input type="checkbox"/> Official	



	<input type="checkbox"/> Other <input type="checkbox"/>
Location/event of alleged issue	
Description of alleged issue	
Nature of Complaint (category/basis/grounds) Can tick more than one box	<input type="checkbox"/> Harassment or <input type="checkbox"/> Discrimination <input type="checkbox"/> Sexual/Sexist/Sexuality <input type="checkbox"/> Selection Dispute <input type="checkbox"/> Coaching methods <input type="checkbox"/> Personality clash <input type="checkbox"/> Verbal abuse <input type="checkbox"/> Race <input type="checkbox"/> Bullying <input type="checkbox"/> Physical abuse <input type="checkbox"/> Religion <input type="checkbox"/> Disability <input type="checkbox"/> Victimization <input type="checkbox"/> Pregnancy <input type="checkbox"/> Child abuse <input type="checkbox"/> Unfair decision <input type="checkbox"/> Other
What they want to happen to fix the issue	
Information provided to them	



Resolution and/or action taken	
Follow-up action	

11.3 Appendix 3:

EDWARDSTOWN FOOTBALL CLUB

BULLYING POLICY

The Edwardstown Football Club takes the issue of Bullying very seriously.

What is Bullying?

EFC deem bullying as deliberately hurting a specific person either physically, verbally, psychologically or socially. It involves a power imbalance where one person has power or strength (e.g. physical, mental, social or financial) over another and can be carried out by one person or several people who are either actively or passively involved.

In a sports context bullying can take many forms, for example:

- a parent telling their child that they are incompetent, hopeless, useless, etc.
- a coach alienating a player
- several people ganging up on an individual team member
- spectators verbally abusing players from the opposition
- an athlete calling an umpire names and using put downs and insults
- a parent intimidating a young coach

Bullying can be a 'one off' incident, but usually involves repeated actions or incidences.

An individual may bully their victim face to face or use technology such as a mobile phone or computer.

Signs a person is being bullied

A person, especially a child, may not always ask for support when being bullied. They may feel afraid, ashamed or embarrassed and that the person they tell will think they are weak. Victims of bullying may think that they deserve to be bullied or are 'dobbing' by telling someone what is happening to them.

The following are signs that a person may be being bullied:

- finds excuses for not wanting to attend training or games (e.g. feeling sick, has an injury, has too much work to do) or talking about hating their sport
- wants to be driven to training or matches instead of walking
- regularly the last one picked for team or group activities
- alienated from social or shared activities
- has bruising or other injuries
- becomes uncharacteristically nervous, worried, shy or withdrawn
- clothing or personal possessions are missing or are damaged
- repeatedly 'loses' money or possessions
- suddenly prone to lashing out at people either physically or verbally

Managing bullying

Bullying is more likely to occur in environments that are highly competitive and promote a 'win at all cost' mentality.

The EFC believe that by emphasizing other aspects of sport such as enjoyment, team work, sportsmanship and skill development, especially at the junior level, that we may be able to prevent bullying behaviours.

EFC will not allow or tolerate bullying. There are several things that coaches, parents and administrators can do to prevent bullying occurring and assist both the victim/s and the bully(ies).

Action to help the victim/s:

- Take all signs of bullying seriously. Show interest and sympathy with every allegation of bullying and provide support (remember that it takes a lot of courage for a child to admit they are being bullied)
- Ensure the victim/s are safe.

Some forms of bullying constitute assault, harassment or discrimination under federal and state legislation and are therefore illegal.

We encourage members to speak out and tell someone – a parent, coach, manager or senior club member –if they are being bullied or if they witness bullying behaviour.

Refer to Issue Resolution Policy.

11.4 Appendix 4:

EDWARDSTOWN FOOTBALL CLUB

AWARDS POLICY (JUNIOR)

Weekly Awards

During the season, awards for every match will be conducted on the **Friday after training** unless advised otherwise. Coaches and Team Managers will endeavour to share the awards amongst all players and reward them for efforts, improvement and team work.

Each player will receive a Coaches Award during the season which is an EFC Coaches mug.

Presentation Day/Night Awards

Each team from EFC will have a presentation event for their individual team at the conclusion of the season. This will be at a time set by the Junior Committee.

Auskick

All players who participate in Auskick will receive a participation medallion.

Under 7, 8, Under 9 & Under 10

All players who represent the EFC will at the end of the season receive an achievement award to commemorate their performance in representing the club.

Under 11 – Under 16

All players who represent the EFC will at the end of the season receive an achievement award to commemorate their performance in representing the club.

In the grades where players play for Premiership points there will be individual trophies awarded to five players from each grade, namely:

- Best & Fairest
- Best & Fairest Runner Up
- Most Improved
- Best Team Man
- Coaches Award

The awarding of these five trophies will be the responsibility of the Coaching staff.

Milestones

50 Game Players

Players who play 50 games for the Edwardstown Football Club as recorded by the Metro South Junior Football League/SANFL Junior League* will receive:

- An EFC 50 game pennant

100 Game Players

Players who play 100 games for the Edwardstown Football Club as recorded by the Metro South

Junior Football League/SANFL Junior League* will receive:

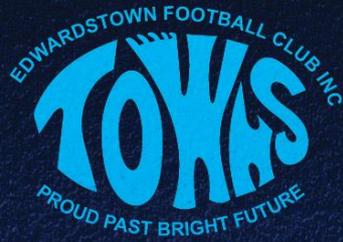
- An EFC 100 game hooded jumper/jacket
- Name in clubroom below their number

150 Game Players

Players who play 150 games for the Edwardstown Football Club as recorded by the Metro South Junior Football League/SANFL Junior League* will receive:

- A framed EFC Football Guernsey

*Players must be registered and appear on the weekly registration sheet to record a game played.



100 YEARS OF HISTORY
— 1919-2019 —

RESPECT – TEAMWORK – INTEGRITY – CONTRIBUTION – FAMILY

PARENT HANDBOOK 2019

