

JUNIORS FAMILIES HANDBOOK







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Junior Handbook 2023



1. WELCOME FROM THE PRESIDENT

Dear Families, Players, Supporters & Friends,

Welcome back to Edwardstown Football Club for the 2023 season to all our returning players and families, and to all of our new players and families we hope you enjoy becoming part of the Edwardstown community. This will be another exciting year at EFC as we celebrate our 104^{th} year and continue to grow our club and its reputation as one of the most successful junior sporting clubs in the community.

This booklet has been designed to provide junior players and parents with some basic information about the club and set the expectation of what it means to be part of our club.

Our Board would like to sincerely thank all Committee members, parents, players, sponsors and supporters of our great club as we aim to continue to build upon the solid foundations of those who have come before us to ensure that our traditions and values remain strong. There is a great spirit and family atmosphere being built at Edwardstown which serves a greater purpose than just the children playing football.

Some of our new and continuing initiatives for 2023 include:

- We are excited to have control of the facility again and we welcome back Beau as our chef!
- Fourth year of fielding a Senior Women's team
- Growing Girls Football after a successful start in 2017 we continue to strengthen our girls program
- Quality First Aid professional providers at all home games, trainer courses, Defib machines in action at home venues
- Strong connection between Senior and Junior programs including "A Day with the A Grade" initiative and mentoring roles
- Experienced and stable team in Junior Football Operations and quality junior coaches
- Coach Mentor program with regular professional development for coaches
- Club survey to obtain member feedback and keep improving all areas of EFC
- Fantastic social events
- Welcoming and supporting new and existing sponsors
- Culturally diverse and inclusive football programs for all abilities

Our club is administered by some committed and talented volunteers and it is important that this group is continually expanded upon year to year to keep the club moving forward and progressive. There are many opportunities at the club for volunteers to become involved and make a difference, so please do not hesitate to contact your team manager or one of our committee members if you would like to help out and join a great team.

Without volunteers the club cannot run and our kids can't play so if you are required on match day or otherwise please get involved. I guarantee that you will enjoy it!

Have a great footy season in 2023!

Eddie Dessmann

Club President (on behalf of the Board of the Edwardstown Football Club)



2. EDWARDSTOWN FOOTBALL CLUB HISTORY

The Edwardstown Football Clubs history travels that back over 100 years, since our establishment in the Edwardstown area in 1919 to give the young men and return soldiers a place to gather, join the friendship that come with a local club and the competitive drive needed to play Australian Rules football.

Over the journey the Edwardstown FC has experience the highs and lows of local football, the Club has always strived to play in the Premier Competition available in South Australia, from the early days in Glenelg South through to the very strong and successful SAFA days where games were televised on Channel 7 on Sunday afternoon direct from the Edwardstown Memorial Oval. In recent years the senior teams have been playing in the Southern Football League before making the return to the largest competition in South Australia, the South Australian Adelaide Football League & SANFL Juniors.

Success of our Junior Football Program is measured by the players that learn the game, love the game, want to stay involved in the game and proceed onto senior football be it at EFC, SANFL or AFL.

Edwardstown FC players playing SANFL

EFC has several players playing SANFL league from Guy Page at Sturt to the several lads at West Adelaide who were heavily involved in West Adelaide winning the 2015 SANFL Premiership, players such as Adam Hartlett, Shannon Green, Nicholas Homburg, Josh Holiday and Peter Nelson.

Edwardstown FC players drafted to the AFL

Below is a list of players who have been drafted to the AFL after playing all, or the majority, of their junior football at Edwardstown FC, we are certainly a leader in SA for the sheer amount drafted from one Club.

- Phoenix Spicer North Melbourne (2020)
- Izak Rankine Gold Coast Suns FC (2018)
- Caleb Daniel Western Bulldogs FC (2014)
- Zac Bates Geelong FC (2013)
- Jared Bolinghangen Fremantle Dockers FC (2011)
- Jack Carter Collingwood (2009)
- Hamish Hartlett Power (2008)
- Tyson Slattery Essendon (2008)
- Matthew Martin Power (2008)
- Danyle Pearce Power (2004)
- Adam Hartlett Carlton (2004)
- Jordan Russell Carlton (2004)
- Sean Rusling Collingwood (2004)

Edwardstown FC Premierships

Edwardstown Junior Football Program also boasts a very proud history, especially in the last 20 years being one of the most successful junior programs in South Australia. Winning Premiership is not how we judge the success of our junior program but we are proud of our achievements:

- A-Grade = 19
- Reserves = 13
- C-Grade = 12
- D-Grade = 4
- Women's = 6
- Juniors (all grades) = 31
- Total of 85 Premierships in 100 years, a record to be proud of

Edwardstown has grown significantly over the past 100 years to proudly include girls and women's football. The great thing about our club is how inclusive we are. We warmly welcome everyone regardless of their ability, gender, nationality, age, background or beliefs.

Edwardstown Football Club

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3. OUR STRATEGIC PLAN

Our Vision

Our aspiration is to be a sustainable, reputable and respected sporting club that is a destination of choice locally for all players, families and the wider community in providing pathways to fulfilling their potential.

Our Purpose

To provide an inclusive and enjoyable environment for the community to connect and find a sense of belonging with. To help everyone involved in the club to realise their potential.

Our Values

Our Vision for the club will be achieved by living our values on and off the field through the following values:

- Respect
- Teamwork
- Integrity
- Contribution
- Family

Our Culture

We are passionate, authentic, and accountable on and off the field. Our heritage and past has built on an open and welcoming atmosphere that is very much alive today. We have strong levels of club commitment with individual's strengths utilised in our programs with a focus on improving every individual participating.

Our Six Pillars

Our programs, people, and facilities combined provides our players with every opportunity to fulfill their sporting potential. Edwardstown Football club is the club of choice for parents, players and the wider community with a reputable program driven by highly regarded leaders in their field.

1. EFC Community

The Edwardstown Football Club provides a high level of satisfaction and engagement from all players, parents, coaches, volunteers, strategic partners and the wider community involved with the programs.

2. Volunteers

Our volunteers are nationally recognised as best practice. We develop our volunteers at all levels offering opportunities to learn and grow. We recognise the contribution made by our volunteers.

3. Player Development, Coaching and Performance

Our sporting programs provide not only successful performances for each season, but also the long term development of the club and our players and families.

4. Facilities, Budget and Equipment

Our facilities and equipment are of a world class standard providing opportunities for player development balanced with a sustainable financial model.

5. Brand & Reputation

Edwardstown Football Club are seen by other clubs, strategic partners, parents, players and the wider community as a destination of choice with a strength in developing, attracting and maintaining a high caliber of players whilst holding a strong and proud reputation as an enjoyable and welcoming environment to all.

6. Strategic Partnerships

Our strong strategic partnerships allow us to grow our program through a focus on ensuring that we are able to offer mutually beneficial outcomes to our partners.

4. CLUB CONTACTS

| Team | Position | First Name | Surname | Mobile | Email | |
|--------------------|-------------------------------------|------------|---------|-------------|---|------|
| Board of Directors | President / Sponsorship | Eddie | Dessma | ınn 0414944 | edessmann@bigpond.com; | |
| Board of Directors | Secretary | Peter | Dabinet | t 0406646 | pandmdabinett@bigpond.com | |
| Board of Directors | Finance Director | Matthew | Carberr | y 0413041 | 740 matthew@vervegroup.com.au | |
| Board of Directors | Senior Men's Football Director | Rhett | Davis | 0404784 | 167 Rhett.Davis@police.sa.gov.au | |
| Board of Directors | Senior Women's Football Director | Sammy | Jones | 0422812 | sammykjones1979@gmail.com | |
| Board of Directors | Junior Football Director | Michael | Nelson | 0413859 | nelsonaidanmichael@gmail.com | |
| Board of Directors | Marketing & Communications | Lisa | Beckha | m 0408250 | 1873 communications@edwardstownfc.com | ı.au |
| Board of Directors | Policies & Governance / Sponsorship | Tracey | Watchm | an 0427177 | '267 sponsorship@edwardstownfc.com.a | ıu |
| Board of Directors | Fundraising Director | Chris | lley | 0412572 | chris@goodwoodinstitute.com.au; | |
| Board of Directors | Maintenance Director | Dale | Hurley | 0408152 | dalehurley71@gmail.com | |
| Board of Directors | Football Operations | Ben | Kitto | 0433627 | 7433 footballoperations@edwardstownfc.com | n.au |

| Team | Position | First Name | Surname | Mobile | Email |
|------------------|---|-------------------|-------------------|--------------------------|--|
| Junior Committee | Junior Football Director | Michael | Nelson | 0413859795 | nelsonaidanmichael@gmail.com |
| Junior Committee | Secretary | Tim | Harriss | 0417891386 | tim@brewpower.com |
| Junior Committee | Football Volunteers Coordinator | Brad | Pickett | 0418560137 | pickett.pod@live.com |
| Junior Committee | Canteen & BBQ | | | | |
| Junior Committee | Registrar | Kerri-Anne Tim | Hughes Harriss | 0408846215 0417891386 | hugheskerrianne@gmail.com tim@brewpower.com |
| Junior Committee | Coaches Coach | Jamie | Downs | 0407126566 | Jamie.Downs@westernbulldogs.com.au |
| Junior Committee | Football Operations | | | | |
| Junior Committee | Football Co-Ordinator - U14, U15, U16.5 & U17.5 | | | | |
| Junior Committee | Football Co-Ordinator - U13G, U15G & U17.5G | Kellie | Longshaw | 0414390898 | kellielongshaw@gmail.com |
| Junior Committee | Football Co-Ordinator - U11G, U11, & U13 | Tim | Harriss | 0417891386 | tim@brewpower.com |
| Junior Committee | Football Co-Ordinator - Auskick, U7, U8, U9G, U9 & U10 | Kerri-Anne | Hughes | 0408846215 | hugheskerrianne@gmail.com |
| Junior Committee | SANFL Delegate | Jamie | Downs | 0407126566 | Jamie.Downs@westernbulldogs.com.au |

| Team | Position | First Name | Surname | Mobile | Email |
|----------------------|----------------------|------------|---------|--------|-------|
| Child Safety Officer | Child Safety Officer | TBA | | | |
| Child Safety Officer | Child Safety Officer | TBA | | | |

| Team | Position | First Name | Surname | Mobile | Email |
|------------------|-------------|------------|------------|------------|---------------------------------|
| Under 17.5 | Coach | Brad | Carroll | 0423767457 | bradjcarroll23@gmail.com |
| Under 17.5 Girls | Coach | Matt | Harrison | 0402423775 | matt@harrisonkitchens.com.au |
| Under 16 | Coach | Jon | Mander | 0412815222 | jonmander@adam.com.au; |
| Under 15 Girls | Coach | Dwayne | Ludwig | 0410405317 | kdludwig@live.com |
| Under 15 | Coach | Troy | Rowland | 0407403307 | troyrowland@shc.sa.edu.au |
| Under 14 | Coach | Rob | Gregory | 0414979359 | rgregory75@bigpond.com |
| Under 13 Girls | Coach | Adam | Hughes | 0438886691 | Adamhugh3s@gmail.com |
| Under 13 | Coach | Ben | Gibson | 0408856934 | bgibson@policecu.com.au |
| Under 11 Girls | Coach | Deb | May | 0407974343 | Mayzie_deb@yahoo.com |
| Under 11 | Coach | Matt | Burton | 0413902662 | matt@burtonelectrical.com.au |
| Under 10 | Coach (DB) | Brett | Hutchinson | 0421351592 | mrbhutchinson@hotmail.com |
| Under 10 | Coach (LB) | Damien | Raidis | 0412812608 | Draidis@internode.on.net |
| Under 9 | Coach (DB) | Marshall | Morley | 0401199872 | marshpm@hotmail.com |
| Under 9 | Coach (LB) | Chris | Sims | 0419812851 | chris.sims08@gmail.com |
| Under 8 | Coach (DB) | Chris | McInerney | 0459723550 | cmcinerney@hainesmedical.com.au |
| Under 8 | Coach (LB) | Zade | Turbill | 0407038907 | Zturbill@gmail.com |
| Under 7 | Coach (DB) | David | Cahill | 0417031850 | davidcahill@live.com.au |
| Under 7 | Coach (LB) | Brett | Nairn | | bandbnairn@hotmail.com |
| Auskick | Coordinator | Michael | Nelson | 0413859795 | nelsonaidanmichael@gmail.com |

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5. COMMUNICATIONS

Edwardstown Football Club endeavors to provide members with relevant and up to date information at all times. In 2023 the primary forms of communication will be via:

- Facebook
- Email
- Heja (used by teams to communicate internally)
- web site are updated regularly and are also a good source of information.

Edwardstown FC will adhere to the Communication Policy & Social Media Policy outlined in Appendix 1.

6. SOCIAL ACTIVITIES & FUNDRAISING

Social Activities & Fundraising

The Edwardstown Football Club prides itself of delivering a great experience for players and their families and believe the success of our club will be as much about off-field success as on-field success.

EFC provides good quality, low cost meals most Friday nights at the Club after Junior Training during the Football season.

We encourage as many families as possible to stay and enjoy a meal together after training. This is a great way to start your weekend, get to know other families, and even watch the football on the big screen!

Additionally, we run a limited number of fundraising and social events during the season. Funds raised through these events go directly back to the Club therefore benefiting your junior players.

7. JUNIOR CLUB SONG (same tune as Richmond Tigers)

Oh, we're from Edwardstown,
A fighting fury, we're from Edwardstown,
In any weather you will see us with a grin,
Risking head and shin,
If we're behind then never mind,
We'll fight and fight and win.

For we're from Edwardstown,
We'll never weaken 'til the final siren's gone.
Like the Townies of old,
We're strong and we're bold.
For we're from Edwardstown, (Never look back)
For we're from Edwardstown

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8. CODE OF CONDUCT & ISSUE RESOLUTION

8.1 Codes of Conduct

As a club with a large amount of juniors our aim is to create a family friendly environment where boys and girls can learn new skills, be active and enjoy the 'mateship' of being part of a team. To ensure this the club adheres to the SANFL Juniors Codes of Conduct.

Please read through the codes below and discuss them with the members of your family.

Appendix 10.1.1 - SANFL Juniors Players Code of Conduct

The Online Registration forms for SANFL Juniors Includes the Players Code of Conduct and the following key statements regarding behaviour and expectations of Parents and Caregivers (Guardians) under the Terms and Conditions.

For Parents & Caregivers

- I/We hereby consent to the registration of my/our son/daughter with SANFL Juniors.
- I/We acknowledge that I/we have been provided with, and understand, the Code of Conduct of SANFL Juniors under the Competition Rules and Bylaws (Rules).
- I/We hereby agree to abide by the Code of Conduct and agree to observe and obey this Code and all rulings made by the SANFL that relate to me/us, other family members and invited guests.
- I/We understand that the SANFL may withdraw or suspend my/our son(s)/daughter(s) registration to play in SANFL Juniors should I/we fail to comply with the Code, the Rules and/or any rulings of the SANFL.

Players Code of Conduct

Players are bound by the following Code of Conduct:

- Play in accordance with the Laws;
- Never argue with an official. If a player disagrees with a decision, you should ask the team manager to raise the matter at an appropriate time;
- Control your temper. Verbal abuse of officials and sledging other players, deliberately distracting or
 provoking an opponent are not acceptable or permitted behaviours in any sport and may be a breach
 of your state, league or national Member Protection Policy;
- Never engage in any type of violence either on or off the field;
- Work equally hard for you and your team. The team's performance will benefit, and so will yours;
- Be a good sport. Applaud all good play whether they are made by your team or the opposition;
- Treat all participants as you would like to be treated. Do not bully or take unfair advantage of another competitor;
- Co-operate with your coaches, team-mates and opponents. Without them there would be no competition;
- Participate for your own enjoyment and benefit and for the enjoyment and benefit of your teammates, not to please anyone else.
- Respect the rights, dignity and worth of all participants, regardless of their gender, ability, cultural background or religion;
- Do not take part in any form of bullying including via the use of social media. For more information see the National Member Protection Policy;
- Be prepared to be responsible for your actions

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Appendix 10.1.3 - SANFL Juniors Parents/Supporters & Spectators Codes of Conduct

Parents and supporters/spectators are bound by the following Code of Conduct

- Remember that you are there for the participants to enjoy the game.
- Encourage participation, but don't force it.
- Teach that enjoyment is more important than winning.
- Never ridicule mistakes or losses. Supporters/spectators are there to support, not downgrade.
- Lead by example and respect all Players, Coaches, Umpires, Officials and spectators. Physical or verbal abuse will not be tolerated.
- Recognise all volunteers who give up their valuable time.
- Make no detrimental statements in public (radio, television, print or electronic media) in respect to the performance of any match Officials, Umpires, Players or any policy decisions of the Club, or SANFL Juniors.
- Never publicly criticise Umpires, rather raise personal concerns with Club Officials in private.
- Do not use remarks based on race, religion, gender or ability. It is your Coach, the Players, Club and family that are let down with such remarks.
- Respect the facilities and equipment of your own and opposing Clubs.
- Do not engage in physical and/or verbal abuse or conduct toward any Player, Official, Umpire or supporter/spectator. Such actions are totally unacceptable
- Condemn the use of violence in any form, whether it is by spectators, Coaches, Officials or Players.
- Abusive language is unacceptable.

Appendix 10.1.2 – SANFL Juniors Coaches Code of Conduct

I hereby commit, to the best of my ability, to uphold the SANFL Coaches' Code of Conduct.

I understand that as an integral component of my accreditation, I must maintain a standard of behaviour and conduct in the best interests of the game and the players/staff in my care. In representing myself in an honest manner, and without bringing the coaching profession or the Game into disrepute, I will endeavour to uphold the following to the best of my ability:

- I will respect the rights, dignity and worth of all individuals within the context of my involvement in Australian Football, by refraining from any discriminatory practices including, but not limited to, discrimination on the basis of race, religion, gender, ethnic background, special ability/disability or sexual orientation, preference or identity.
- I will abide by and teach the AFL Laws of the Game and the Rules of my Club and League/Association.
- I will be reasonable in the demands I make on the time commitments of the players in my care, having due consideration for their health and wellbeing.
- I will be supportive at all times and I will refrain from any form of personal or physical abuse or unnecessary physical contact with the players in my care.
- I will have due consideration for varying maturity and ability levels of my players when designing practice schedules, practice activities and involvement in competition.
- Where I am responsible for players in the 7-17.5 year-old age group, I will strive to ensure that all
 players gain equal playing time. I will avoid overplaying the talented players, aiming to maximize
 participation, learning and enjoyment for all players regardless of ability.
- I will stress and monitor safety always.
- In recognizing the significance of injury and sickness, I will seek and follow the physician's advice concerning the return of injured or ill players to training.
- I will endeavour to keep informed regarding sound principles of coaching and skill development, and of factors relating to the welfare of my players.
- I will at all times display and teach appropriate sporting behaviour, ensuring that players understand and practice fair play.
- I will display and foster respect for umpires, opponents, coaches, administrators, other officials, parents and spectators.

- I will ensure that players are involved in a positive environment where skill-learning and development are priorities and not overshadowed by a desire to win.
- I reject the use of performance-enhancing substances in sport and will abide by the guidelines set forth in the AFL Anti-Doping and Illicit Drugs policies.

I agree to the following terms:

- ➤ I agree to abide by the SANFL Coaches' Code of Conduct.
- > I acknowledge that the SANFL, or a body affiliated with the SANFL, may take disciplinary action against me if I breach the code of conduct. I understand that the SANFL, or a body affiliated with the SANFL, is required to implement a complaints-handling procedure in accordance with the principles of natural justice, in the event of an allegation against me.
- > I acknowledge that disciplinary action against me may include de-registration from the SANFL **Coaching Accreditation Scheme.**

Note: This "Coaches' Code of Conduct" is to be signed and conformed to as part of the accreditation requirements of the SANFL. Coaches should be aware that, in addition to this Code, they may be obliged to sign a further Code of Conduct/Ethics with their Club and/or League.

Appendix 10.1.5 - SANFL Juniors Club Officials Code of Conduct

- Ensure equal participation for all: provide equal opportunities for all regardless of ability, size, shape, sex, age, disability or ethnic origin.
- Suitability of program: ensure that the rules, equipment, length of games and training schedules take into consideration the age, ability and maturity level of the participants.
- Ensure adequate supervision: adequate supervision must be provided by qualified and competent coaches and officials capable of developing appropriate sports behaviour and skills.
- Stress enjoyment: remember children participate for enjoyment. Play down the importance of rewards.
- Arrange adult education: develop improved standards of coaching and officiating with an emphasis on appropriate behaviors and skills.
- Promote fair play: ensure parents, coaches, officials, sponsors, physicians and participants understand their responsibilities regarding fair play.
- Modify to suit various levels: modify rules and regulations to match the skill level of participants and
- Promote respect for opponents: condemn unsporting behaviour.
- Maximise enjoyment: publicly encourage rule changes that will reinforce the principle of participating for fun and enjoyment.
- Keep up to date: make a personal commitment to keep informed of the sound principles of administering recommended football programs for junior players.
- Schedules, practice activities and involvement in competition.
- Where I am responsible for players in the 5-18-year-old age group, I will strive to ensure that all players gain equal playing time. I will avoid overplaying the talented players, aiming to maximise participation, learning and enjoyment for all players regardless of ability.
- I will stress and monitor safety always.
- In recognising the significance of injury and sickness, I will seek and follow the physician's advice concerning the return of injured or ill players to training.
- I will endeavour to keep informed regarding sound principles of coaching and skill development, and of factors relating to the welfare of my players.
- I will at all times display and teach appropriate sporting behavior, ensuring that players understand and practice fair play.
- I will display and foster respect for umpires, opponents, coaches, administrators, other officials, parents and spectators.

- I will ensure that players are involved in a positive environment where skill learning and development are priorities and not overshadowed by a desire to win.
- I reject the use of performance-enhancing substances in sport and will abide by the guidelines set forth in the AFL Anti-Doping and Illicit Drugs policies.

The following website is also a great resource for parents in relation to all junior sports.



8.2 Issue Resolution

All communication must be referred to your Team Manager/Coach in the first instance. Most problems can be resolved quickly and easily this way.

If the problem persists, or is not resolved to your satisfaction, please submit your complaint in writing (complaint forms can be accessed from your Team Manager/Coach see Appendix 2) to the Junior Committee/EFC Board who will address your issue at a forthcoming meeting. You will be advised of the outcome.

Please note that under no circumstances is ANY individual from our club permitted to complain in writing or verbally to any other club or the SANFL. Every complaint of this nature MUST be brought to the attention of the Junior Football Director/EFC Board, who will assist you.

9. **2023 SEASON INFORMATION**

9.1 The Competition

The Edwardstown Junior Football Club participates in the SANFL Juniors Football League for Under 7, 8, 9, 10, 11G,U11, 13G, 13, 14, 15, 15G, 16, 17.5G &17.5. The Club is bound by the Rules and regulations of the SANFL Juniors.

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The home-and-away season normally consists of 12 rounds for U7 and 14 rounds for all other teams. Under 12 and up participate in finals if the team qualifies at the end of the home & away season. No Premiership ladder is kept for Under7, 8, 9, 10 & 11G

Under 7, 8, 9 & 10 play in a modified game of either 9 a side or 12 a side on a modified oval with modified tackling rules. Under 11 and above are 18 a side teams on a full oval with full tackling.

Under 11 girls is 12 per side on a modified oval with modified tackling rules.

Generally, games are played on a Sunday, with potential for some games under lights on a Friday night, or a Saturday night after senior home games. Your Coaches & Team Manager will inform you weekly of your games day, time and location.

9.2 2023 Registration Fees

The Edwardstown Football Club Committee has approved the following registration fee structure for 2023; all fees will be charged when registering

If experiencing difficulties in paying in full and would like to make alternative plans please contact Matthew Carberry at matthew.vervegroup.com.au, this will be confidential

If alternative arrangements have not been made, all fees are required to be paid prior to commencement of the season. Failure to pay fees could result in that player not being selected to play until all fees are paid.

| 2023 EFC Junior Membership Pricing | | |
|------------------------------------|-------------------|------------------------|
| | Registration Fee | Registration Fee |
| | | (after sports voucher) |
| Under 7 | \$150 | \$50 |
| Under 8 – Under 11 Boys & Girls | \$270 | \$170 |
| Under 12 – Under 17.5 Boys & Girls | \$290 | \$190 (if eligible) |
| Third & subsequent players | Contact registrar | |

9.3 Age Appropriate

- **U7** Must be 6 years old and under 7 on the 1st of January
- **U8-** Must be 7 years old and under 8 on the 1st of January
- **U9** Must be under 9 on the 1st January A player who still qualifies to play U8s will only be allowed to play U9s if they have previously played 2 years in U7 & U8 and will be at the discretion of the junior committee.
- **U10** Must be under 10 on the 1st of January Players who still qualify to play U9s will only be allowed to play U10s if they are skill and size appropriate and will be at the discretion of the junior committee.
- **U11-U17.5** All players will be registered in their age appropriate group*.

The philosophy of EFC wherever possible is to have players playing in their correct age group.

We believe this is best for their development long term. In some cases we may require players to play in different grades to fill teams and this will be discussed with the coaches, parents and players to ensure all parties are comfortable with the outcome.

Any request to play outside the age group must be discussed with the Junior Football Director and the Junior Football Coordinator edwardstownFCjuniors@gmail.com.au. Players playing up must submit a SANFL Playing Up Form SJ16 found on the SANFL web site.

https://s3-ap-southeast-2.amazonaws.com/sanfl-media/content/uploads/2019/02/04140603/SJ15-Parental-Consent-for-Playing-Up-1.pdf. No guarantees can be granted to a player until closer to the first game of the season when numbers become clearer and will always be at the discretion of the junior committee.

| Year Born: | Age Group: |
|---|------------------------------|
| 2017 & 2018 | Auskick (mixed) |
| 2016 | SANFL Mini's Under 7 (mixed) |
| 2015 | Under 8, Under 9G |
| 2014 | Under 9 & Under 9G |
| 2013 | Under 10 & Under 11G |
| 2012 | Under 11 & Under 11G |
| 2011 | Under 12 & Under 13G |
| 2010 | Under 13 & Under 13G |
| 2009 | Under 14 & Under 15G |
| 2008 | Under 15 & Under 15G |
| 2007 | Under 16 & Under 17.5G |
| Born July 1, 2005 to December 31, 2006 | Under 17.5 & Under 17.5G |

^{*} For girls age groups that have a date range over two years, play up requests can only be one age group. (e.g.an Under 11 age eligible girl can request to play up in Under 13 Girls, however an Under 10 age eligible girlcannot due to the 3 year age group gap)

9.4 Team Coaches

Junior Coaches at Edwardstown FC are 100% volunteers and are a very important part of your child's football development and enjoyment of the game.

We encourage parents to give coaching a go; we will fully support you (no previous experience as a Coach or player is necessary)

Every coach is supported with:

- The Club pays to complete AFL Level 1 Coaches course and the full SANFL child safe checks
- Junior Coaches Handbook
- A Coaches Coach (currently Jamie Downs) offering support with training and match day ideas
- Various Coaches development meetings
- Access to SANFL and WAFC various training courses
- Equipment as needed
- Coaches Expectation gives you a clear outline of what is needed

Junior Coaches Tenure

- We ask all coaches to coach for a minimum of 2 years & maximum of 3 years (3 years is a long time in a junior player's career)
- All junior coaches have a maximum 3 year coaching the same group of players
- The only exception to this rule is by specific approval from the Junior Committee

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9.5 Player Rostering

Given that 9-22 players take the field each week depending on age group, rostering of players will be necessary.

If you know in advance of days you will not be able to play please advise your Coach so that they will be able to roster you off on those days. In the event that a player is sick on match day, please advise your Coach or Team Manager as soon as possible so the roster can be adjusted accordingly.

Even if you are rostered off players are asked to attend the match and bring their playing gear, as sickness or injury may result in a position becoming available before the start of the game.

If you are rostered off, your presence to support your teammates will be appreciated, you may be able to help by carrying water for the team or by helping out as a scoreboard attendant; these roles are required each week and your support will be valued.

Remember, everyone is part of the team and should contribute to the team's success!

If finals are played, The Edwardstown Football Club Junior Committee has agreed that coaches will base team selection on fielding the best available team. Those players not selected to participate in finals should be informed personally by the coach to the parent/guardian and player in advance. Based on skills, ability, attitude, commitment and behaviour the Club's aim is to give each player the opportunity to participate in these finals experiences where possible.

9.6 Player Rotations

In accordance with the SANFL Juniors the following guidelines have been outlined:

The on-field rotation of players is a policy developed to enhance the participation and skill development of all players. This Policy is to ensure all players feel an essential part of the team, regardless of their age, size, gender, ability or the competition they are playing in, it is critical they have an equal amount of time on the field during the season.

This will keep players in the game and reduce the likelihood of them leaving to pursue other sports. It also satisfies parents expectations that their child will be given a fair go. Edwardstown recommends that all coaches keep records of weekly game time of each player to ensure each has had equal time.

Rotation for Under 7 to Under 12

The rotation of all players through a variety of positions in a game and season is designed to allow players to experience the skills and roles required in different positions, and to ensure all players are provided with equal opportunity.

Every player in a team should play at least half a game, and no player should spend more than half a game in any one position. Further, every player should experience playing on each of the five lines of field position over a three match period.

Note: players should be rotated through a variety of positions on the field in each line, not straight up and down the "spine" or only on the left or on the right side of the field. Coaches and Team Managers must ensure that this policy is adopted and relates directly to the SANFL Rule 2 – The Spirit of Junior Football.

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Rotation for Under 13 to Under 17.5

Once children reach these age groups the emphasis shifts from players rotating through all positions on the ground to them gaining a level of competency in different positions, every player in a team should play at least half a game.

The difference is these age group players should be left in a position on the field until they have acquired that position's basic strategies and skills. Only then should they move to a new position.

If finals are played, The Edwardstown Football Club Junior Committee has agreed that coaches will base team selection on fielding the best available team. Those players not selected to participate in finals should be informed personally by the coach to the parent/guardian and player in advance. Based on skills, ability, attitude, commitment and behavior the Club's aim is to give each player the opportunity to participate in these finals experiences where possible.

9.7 Team Allocation for Age Groups with 2x teams

In Under 7,8,9,10 &10G:

- Teams will be considered as one team with 2 teams/squads playing game day
- The team will include all 20-28 players registered for that age group, this one team will train together
- Teams for match day will be known as **DARK BLUE** and **LIGHT BLUE**

When selecting squads the following process will be undertaken:

- Initial teams will be split in to DARK BLUE and LIGHT BLUE
- Teams will be even as possible based on players skill level and ability
- After 7 rounds approximately 50%-80% of the team will be rotated with the other team in the age group
- With 14 rounds this will give one rotation
- Example 5-9 players will be rotated from Dark Blue to Light Blue and visa versa
- Every attempt will be made to keep both squads competitive in the rotation
- Players that maybe exempt from this rotation are children of Assistant Coach, Team Manager,
 Medical or Ground Marshall. Children of the Assistants Coach, Team Manager, Medical or Ground
 Marshall can be rotated as long as rotated with a person in the same role in the other Team or there
 is a replacement.
- The only players who are not rotated are the sons/daughters of the Coaches of that squad

This will allow the following:

- Players will get to play with different players during the year to foster new friendships
- Coaches will get to coach more players in their team and most players will get to play under both coaches
- Families will get to spend more time with other families in their age group to help foster relationships

We believe this policy will greatly benefit the whole team, especially by the time the players reach under 11's where there is one team playing on the full ground.

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9.8 Leadership

Captains, Vice Captains, Leadership groups are a part of Australian Rules Football, at junior level they are not as important as senior level.

Under 7 to Under 11

Captains and Vice Captains will be rotated each week to give all players an opportunity at one of these roles. Coaches or Team Managers are to advise the team early in the week, the Captain & Vice Captain will lead the team out, toss the coin and maybe asked to bring the oranges, help with awards post game or various other roles we leave to Coaches discretion.

Under 12 to Under 17.5

Captains, Vice Captains, Leadership Group is chosen by the Coaching Group, NOT by the players. Coaches call how many you wish to choose, we encourage to develop Leaders to help with training, awards, etc we leave to Coaches discretion.

9.9 Training

All players are expected to attend training on a weekly basis. Failure to attend training on a regular basis could result in players forfeiting their right to game time.

Football is a team game and as such training together will ensure the team plays as a team on match day. All players are required to attend training in correct football attire.

EFC does not condone parents leaving their children at training or games unattended. EFC is a family club and our coaches and volunteers are here to give all children a good football experience, but cannot be responsible for children outside of their involvement in training or game day.

If you need to leave your child it is your responsibility to ensure a responsible person has agreed to look after them in your absence.

9.10 Training Timetable

Due to the growth of your Junior Program oval space and time for training is limited. Your coach will advise you of training times for the season. They may change but you will be notified in advance of any changes.

We stress all Coaches & Players <u>MUST</u> leave the oval as soon as your training session is finished to allow the next team the space they require

Parents are <u>NOT</u> allowed on the oval during training sessions unless directly involved due to the limited space, we encourage you to stay and watch, please find a spot on the club balcony, bike track or the path around the top of the bike track

9.11 Game Day

Start times and venues vary from week to week. Please check the SANFL Juniors web site or Edwardstown PLAYHQ for up to date fixtures.

https://www.playhq.com/afl/org/edwardstown-football-club-sanfl-juniors/e563c9c3/sanfl-juniors-2023/86a9fd94/teams

All players are expected at the ground a minimum of 30 to 60 minutes prior to the game, your Coach will advise Players of the expected time to ensure they are ready to play as soon as possible after their arrival at the ground and be ready for warm-ups and their Coach's instructions.

Where possible we would like players to attend game day in their club hoodie, jacket or polo shirt.

Important SANFL Junior match day information can be found here:

https://sanfl.com.au/inside-sanfl/resources/?resource-type=rules

https://sanfl.com.au/inside-sanfl/resources/?resource-type=policies

https://sanfl.com.au/inside-sanfl/resources/?resource-type=training-resources

https://sanfl.com.au/inside-sanfl/resources/?resource-type=form

9.12 Changerooms

Edwardstown FC has 4 change rooms, they must be respected and kept clean.

The sliding door must be kept locked at all times and the door from the medical room to changeroom 3 must also be closed at all times.

Training Nights

- Changerooms 1 Boys (balls allowed)
- Changeroom 2 Boys (no handballing or kicking in this room)
- Changeroom 3 Girls only (boys are not allowed into changeroom 3) (balls allowed)
- Changeroom 4 Shared (balls allowed)

Match Day / Nights

- Changerooms 1 Boys / Visitors as needed (balls allowed)
- Changeroom 2 Boys (no handballing or kicking in this room)
- Changeroom 3 Girls (balls allowed)
- Changeroom 4 Visitors (balls allowed)
 - *There are signs on the front of the door advising changeroom allocation, times, etc

9.13 Match Day / Night Set Up & Pack Up

The ovals must be set up and packed up every week and we need a volunteers to assist with this.

Each week the Coach & Team Manager will be sent what is needed (it varies week to week depending who is playing prior and post your game). Communication will be sent out by coaches or the Team Manager for assistance required.

Edwardstown FC will host Friday Night games every week at 7.45pm. We ask that you respect the team training prior to the game. The large goal pads and coaches boxes can be put out but NO goals are to be set up on the oval prior to 7pm with no team warm up allowed on the oval before 7pm.

9.14 Uniform Requirements

Shorts & Socks

All players are required to have their own shorts and socks and they must be SANFL Junior approved

- Under 7, 8, 9, 10 EFC/SANFL Junior dark blue shorts only for all games & EFC/SANFL Junior hooped
- Under 11 17.5 EFC/SANFL Junior dark blue shorts all games and EFC/SANFL Junior white shorts for all away games (except girls teams) & EFC/SANFL Junior hooped socks

Shorts and socks can only be purchased from Club Sponsor: **SportsPower Melrose Park** Shop 11 1031-1037 South Road, Melrose Park SA Ph. 8277 1211.



No shorts or socks will be available from the club

Playing Guernsey / Guernseys

Edwardstown Football Club will supply the playing jumpers at the beginning of the season at the Guernseys Presentation Night before the first game (older teams will also receive a clash guernsey if needed, your Coaches & Team Managers will advise when the clash guernsey will be worn).

They <u>MUST NOT BE WORN AT TRAININING</u>. These guernsey / guernseys are yours to look after for the season. They must be returned within 2 weeks of the last game, washed and in good condition, failure to do so you will be charged \$50 per guernsey for a replacement.

Boots

Please note boots with metal tipped sprigs are not permissible within this competition.

Boots MUST be removed before entering the Clubrooms at EFC

Boots, Socks & Shorts box

If you have boots, shorts or socks in good condition that you no longer need, please consider donating to your club. The club will make these available to other families.

Skins

Players are allowed to wear "skins" under their shorts. However, SANFL Rules require that they only be beige in colour. Other coloured skins (black/blue/white) are not allowed under the SANFL Rules and EFC is subject to fines if players do not comply.

Jewellry

No jewellry is to be worn during training or games.

EFC Merchandise

EFC Merchandise for season 2023 will be managed via the online shop. Order information will be released via our website and Facebook.

All merchandise products are supplied to the Edwardstown Football Club by the Club Sponsor Belgravia



To visit the online store click **here**

9.15 Mouthguards

It is an Edwardstown Football Club & SANFL Junior Policy that all players MUST wear mouth guards during all football games. **NO MOUTHGUARD NO PLAY.** It is also recommended that all players bring their mouth guards to training and use it when involved in contact training.

Mouth guards are available from Club Sponsors
Cross Road Dental Care
596 Cross Road
South Plympton SA 5038
08 8293 3629



9.16 Injuries

All players should immediately report any new injury at training to their Coach. They should then report to the medical officer for assessment.

The Edwardstown Football Club will be providing a qualified Sports Trainer / First Aid to deal with injuries at Training and on Game days, players should respect our Trainers and follow their instructions to allow for proper recovery.

Players should seek proper medical advice on any prolonged injury. Please don't try and play if you are unfit, as this is not fair to either yourself or your team-mates.

Edwardstown Football Club will adhere to the following SANFL policy:

https://s3-ap-southeast-2.amazonaws.com/sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://s3-ap-southeast-2.amazonaws.com/sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://s3-ap-southeast-2.amazonaws.com/sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://s3-ap-southeast-2.amazonaws.com/sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://s3-ap-southeast-2.amazonaws.com/sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/18150008/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/10.12-SANFL-https://sanfl-media/content/uploads/2020/02/10.12-SANFL-https://sanfl-media/content/ Juniors-Bleeding-Blood-Born-Infections-Policy.pdf

The Edwardstown Football Club is always looking for further help in the area of Trainers/First Aid. We are prepared to pay for the costs of courses to ensure you feel comfortable dealing in this area. If you are interested, please contact your Coach or Team Manager.

Physiotherapy, Chiropractic & Massage Available from Club Sponsor **Matthew Hearn Physiotherapy** 1/199 Sturt Rd **Seacombe Gardens** 08 7444 4221



9.17 Concussion

The Edwardstown Football Club will adhere to the concussion policy as set out by the SANFL Juniors https://s3-ap-southeast-2.amazonaws.com/sanfl-media/content/uploads/2020/02/18150257/10.15-Concussion-Policy.pdf

9.18 Insurance

All financial players are covered by the AFL Insurance Scheme, which assists in covering major non-Medicare costs which may arise as a result of injury.

Bronze Insurance is a SANFL Junior & Adelaide Football League basic requirement. Edwardstown FC has Platinum Insurance which covers 90% of Ambulance and various other items.

If your medical person or coach believes your child needs an ambulance and you don't have cover, please don't hesitate in calling one as the club's insurance covers \$900 of the fee (as long as you are a financial member).

9.19 Weather Policy

Edwardstown Football Club will adhere to the weather policy as set out by the SANFL.

APPENDIX 10.26 - WEATHER POLICY

Hot weather requirements include:

Training sessions and matches, including pre-season trial matches, shall be cancelled if the temperature on the Bureau of Meteorology website www.bom.gov.au is 34°C or greater one hour before training is proposed to occur or the match is proposed to be played.

Coaches and team managers shall provide additional drinks breaks during training sessions, trial matches and minor round matches and actively encourage junior players to remain hydrated when the temperature is forecast above 25°C. The coach and/or team managers should modify or terminate the training activity if they consider the conditions unsafe for the players.

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If in their opinion of the field umpire(s) the temperature and humidity conditions have become unsafe for the players they shall advise both team managers that they consider the conditions unsuitable for play and shall terminate the match.

Inclement weather requirements include:

The field umpire(s) shall stop the match and order the players from the field if inclement weather conditions which they consider poses a safety risk to players and officials develop during the match.

The match shall restart when the field umpire(s) deem conditions to be safe to do so. The match shall be shortened to comply with rule Game times 9.16 (refer to Abandonment of matches 9.13)

9.20 Player Welfare

Edwardstown Football Club has a responsibility to provide a safe environment for all participants. Recent legislation requires that all people in clubs and organisations who come into contact with children under the age of 18 years must undergo a check and be approved to hold his or her position in the organisation. Edwardstown Football Club will ensure that all relevant people meet these requirements.

It is expected that all players arrive at games and training properly hydrated and that during games and training they continually drink fluids. Players must supply their own drink bottles to avoid the spread of germs.

Edwardstown Football Club will adhere to the following policies as set out by the SANFL in relation to player welfare:

https://sanfl.com.au/inside-sanfl/resources/?resource-type=policies

In addition the Edwardstown Football Club with adhere to our bullying policy as set out in Appendix 3.

9.21 Player Awards

At the Edwardstown FC we believe in acknowledging players and volunteers.

Weekly Awards

Awards for every match will be conducted post training the following week unless otherwise advised. Coaches and Team Managers will endeavor to share the awards amongst all players and reward them for efforts, improvement and team work; these will be shared evenly throughout the year

Coaches Award Mug are presented for U11 and younger teams. The Coach will chose when to award these and could be for any of the reasons above or something else at the coaching staff discretion.

We will do two age groups in one sitting, please be respectful and stay for both teams presentations.

This is an exciting time for our juniors to stand up in front of the EFC community. Please respect this opportunity and give the juniors your attention while these awards are presented.

End of Season Awards (Presentation Day / Night)

At the end of every year we hold our Presentation Day or Presentation Night to acknowledge and reward players and volunteers for their efforts during the season.

Under 7 to Under 11 every financial player will receive:

- Preseason training singlet for the year to come
- Participation trophy
- Off Field Volunteers will receive a thank you gift from the Club

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Under 12 to Under 17.5 every financial player will receive:

- Preseason training singlet for the year to come
- Participation medallion or trophy (note if receiving a trophy will not receive a medallion)
- Trophies are chosen by your teams coaching group, we work on approximately 1 trophy per 4 players, example 16 financial players 4 trophies will be awarded for that team or 24 financial players 6 trophies will be awarded for that team
- Compulsory trophies are Best & Fairest, Runner Up Best & Fairest and Best Team Player
- Other trophies may be called Most Improved, Most Consistent, Coaches Award, Most Courageous or chosen by the coaching group.
- Extra trophies may be awarded at Coaches discretion for milestones such as Leading Goal Kicker, a player finishing in the to 5 of the SANFL Juniors for their Division and True Blue for a player who has shown Edwardstown True Blue spirit during the season

9.22 Games Played & Milestone Games

Games Played

Every game from U7 is recorded on PlayHQ when your Team Manager finalises the weekly Team Sheets; we send a full list of games played post the end of season.

Milestone Games

Edwardstown FC acknowledges and reward milestone games for player's commitment to their team and the Club

Girls

50 Games

Players who play 50 SANFL Junior games receive

- 50 Game Mug presented at weekly awards post game
- 50 Game Pennant presented at the end of season presentations
- Name in the change rooms under playing number

100 Games

Players who play 100 SANFL Junior games receive

• 100 Game Jacket presented at the end of season presentations

150 Games

Players who play 150 SANFL Junior games receive

Signed and mounted match ball presented at the end of season presentations

Boys

50 Games

Players who play 50 SANFL Junior games receive

- 50 Game Mug at weekly awards post game
- 50 Game Pennant presented at the end of season presentations

100 Games

Players who play 100 SANFL Junior Games receive

- 100 Game Jacket presented at the end of season presentations
- Name in the change rooms under playing number

150 Games

Players who play 150 SANFL Junior Games receive

• Signed and mounted match ball presented at the end of season presentations

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9.23 Auskick

Each year, the Edwardstown Football Club conducts an AUSKICK program for children between the ages of 5 to 8 years. The AUSKICK program is designed to provide youngsters with the opportunity to learn and develop their football skills in a fun-filled environment. If these children enjoy their first experience playing football, they may subsequently want to play in our junior competition.

Full details available on aflauskick.com.au

9.24 True Blue Program

Edwardstown FC runs a program with junior teams (generally older age groups) called True Blue. It is designed to give meaning to the Club Values and encourage players to be good role models of the Edwardstown FC. Values like always cleaning up after yourself, shaking hands, using rubbish bins, supporting fellow brothers and sisters at the Club are strongly encouraged.

We ask that parents and families also set good examples of what it is to be TRUE BLUE. Our players look up to you. When in the club please use the bins provided, return glasses, bottles and cans to the bar, return plates and cutlery to the kitchen, push your chair in etc.

Meaning of TRUE BLUE

- unwavering in one's commitment;
- extremely loyal.
- real;
- genuine.

Structure of TRUE BLUE

Your Club Values are your values as players. Our Vision for the Club will be achieved by living our values on and off the field through the following values:

- Respect
- Teamwork
- Integrity
- Contribution
- Family
- Training

How can you show these values?

- Put drink bottles in containers provided
- Use rubbish bin in change rooms
- Help pack up balls and cones
- Positive talk to team mates
- Shake coaches and helpers hand at the start and end of training- No player is more important than another.

Training & Game Day (home & away)

Before

- Shake EFC Coaches and helpers hand on arrival
- Use rubbish bin in change rooms
- Put drink bottles in containers provided
- Shake oppositions players hand
- Shake Umpires hand

During

- Help team mates up if on the ground
- Positive talk to team mates
- No back chat to umpires or opposition players
- Put drink bottles in containers provided

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After

- 3 cheers for opposition at the end of the game
- 3 cheers for umpires at the end of the game
- Shake oppositions players hand
- Shake Umpires hand
- Shake oppositions Coaches hand
- Shake EFC Coaches and helpers hand when leaving
- Use rubbish bin in change rooms
- Put drink bottles in containers provided
- No players is more important than another

In Your Club Rooms

- Respect all users of the Club
- Respect the changerooms, club room and surrounding facilities
- Use bins provided
- Return glasses and plates to the bar
- Older players to look after young players, brothers and sisters If limited seats stand up for an adult
- No member of your Club is more important than another
- We are family

9.25 SANFL Elite Development Programs

SANFL Clubs run Elite Development Programs starting at Under 13s to Under 18s.

Players are nominated to these programs by the Edwardstown FC via recommendations from the Coaches. Players are recommended for Elite Programs based on player's performance during games, at training and their potential to meet the performance expectations at a higher level.

Player nominations are reviewed every year and players are not automatically nominated based on prior year's performance, and new players may be nominated based on their improvement in the categories above. The clubs final recommendations are to be respected and players may seek advice on areas for improvement to be nominated in future years.

Parents cannot nominate players direct to SANFL Club.

The nominations depend on your residential address (we have previously nominated Edwardstown FC players for various SANFL Clubs West Adelaide, Glenelg, South Adelaide, Stuart and Woodville West Torrens). www.google.com/maps/d/viewer?mid=1TKXZuxH-cgl5c4ZAsS5txUT1QGV6wGgp&ll=-34.978499206928255%2C138.57067896071146&z=12

Edwardstown FC nominates players; it is 100% at the SANFL Clubs discretion if they want to invite the player to participate in their SANFL Program.

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10. GET INVOLVED WITH YOUR CLUB

10.1 Volunteers

The Edwardstown Football Club, like all clubs, is dependent on the help of parents and friends to run the football club successfully. It is also a great way to meet fellow families in your team. Our program runs 100% on volunteers, volunteering makes us tick and fosters the community spirit at Edwardstown.

There are a number of ways you can help support your child's team and your club:

On Field - 'Team Volunteers'

- Coach
- Assistant Coach
- Team Manager
- First Aid Officer
- Ground Marshall
- Runners (U11-U17.5)
- Boundary Umpire (U11-U17.5)
- Goal Umpire
- Water Carrier (U11-U17.5)
- Half Time Refreshments team manager will have their own arrangement but generally all parents are asked to take turn in providing oranges at half time.
- Oval Set Up & Pack Up

The Edwardstown Football Club is prepared to provide funding support for the completion of relevant courses, in return for your assistance in these areas within the club.

Off Field - 'Club Volunteers'

- Kitchen/Bar Helper
- Canteen/BBQ
- Fundraising (raffles, meat tray etc)
- Event Coordination
- Junior Committee Member
- Board Member

It is an expectation that in being part of our fantastic football club you volunteer in some capacity so that our children can experience this great game of football. On the field, if you cannot commit to one of the more official roles involved in putting a team on the field each week (ie. coaches, team managers) you (or another member of your family) will be asked to help goal umpire or set up the oval once per season as a minimum.

Off the field, you (or another member of your family) will also be asked to help out for small periods of time during the year to support the kitchen and BBQ of the club. These raise vital funds for our Football Club. A roster will be released at the beginning of the season structured so you will work with fellow families from your team. It is a great way to get to know each other better and have some fun while you are at it!

- Canteen & BBQ (All families will be rostered to do 1-2 hours during the year)
- Kitchen (All families will be rostered to do 1-2 hours during the year)
- Committee Members various roles (please contact us if you are interested)

Volunteers are the heart and soul of EFC and there are many people that commit many hours to make the club successful. We greatly appreciate your support, it lightens the load for everyone!

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11. SPONSORSHIP

An integral part of the Edwardstown Football Club success is the partnering with local like-minded businesses in our community.

There are currently numerous sponsorship opportunities that exist to become Major Senior Sponsor, Major Junior Sponsor, Senior or Junior Team Sponsor, Junior Jacket Sponsor, Senior Player Sponsor or Product Sponsor.

Please contact EFC Club President Eddie Dessmann for further details if you or anyone you know is interested in sponsoring our great club.

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12. APPENDICES

12.1 Appendix 1:

EDWARDSTOWN FOOTBALL CLUB

COMMUNICATION POLICY

Our commitment

Electronic communication is essential for sharing club news and information with our members. Our communication will be timely, appropriate and related to club business.

What we will do

We use a range of electronic tools to communicate with our members. Our communication will protect members' privacy, maintain clear boundaries and ensure that bullying and harassment does not occur. A webmaster will be appointed to provide accountability and control over material published on our club's website and any related discussion groups or social media websites, such as Facebook, YouTube or Twitter.

Website

- Our website will contain essential club information like policies, constitution, rules and by-laws.
- No offensive content or photos will be published.
- If we intend to publish a photo of a child, we will first seek permission from his or her parents and take care not to provide identifying information.
- We will seek feedback from members to improve the information available on the site.

Heja, Facebook and email

Committee members, coaches and team managers may use Heja, SMS and email to provide information about competition, training, club-sanctioned social events and other club business:

- Heja will be used primarily for team related communications but other information will be shared by the club on competitions, social events, committees etc.
- Facebook will be used to advertise events, milestones and other club information
- Email communication will be used when more information is required (eg. Rosters/ Club Newsletter)
- Communication involving children will be directed through their parents.

Social media websites

- We treat all social media postings, blogs, status updates and tweets as public 'comment'.
- Postings (written, photos or videos) will be family-friendly and feature positive club news and events.
- No personal information about our members will be disclosed.
- No statements will be made that are misleading, false or likely to injure a person's reputation.
- No statements will be made that might bring our club into disrepute.
- Abusive, discriminatory, intimidating or offensive statements will not be tolerated. Offending posts will be removed and those responsible will be blocked from the site.

What we ask you to do

We expect our members to conduct themselves appropriately when using electronic communication to share information with other members or posting material on public websites connected to the club. Electronic communication:

- should be restricted to club matters
- must not offend, intimidate, humiliate or bully another person

- must not be misleading, false or injure the reputation of another person
- should respect and maintain the privacy of members
- must not bring the club into disrepute.

Coaches and others who work with children and young people must direct electronic communication through the child's parents.

Non-compliance

Members may face disciplinary action for sending inappropriate electronic communication or posting online content or comments that harass, offend, intimidate or humiliate another member, as outlined in our member protection policy or code of conduct.

Under certain circumstances, cyber bullying (e.g. bullying that is carried out through an internet service such as email, a chat room, discussion group, instant messaging or website) is a criminal offence that can be reported to the police.

In addition, members who publish false or misleading comments about another person in the public domain (e.g., Facebook, YouTube or Twitter) may be liable for defamation.

| I, <insert name="" your=""> have read and understood the policy and will abide by it as a member of <insert name="" organisation's="" your="">.</insert></insert> |
|---|
| Signature: |
| Date: |
| If under 18 years of age, parent/guardian: |
| Signature: |
| Date: |
| |



12.1 Appendix 2:

EDWARDSTOWN FOOTBALL CLUB

SOCIAL MEDIA POLICY

Rationale

The purpose of this policy is to encourage acceptable and beneficial use of social media by volunteers/ members at Edwardstown Football Club (the Club). It is recognised that most volunteers/members may use or interact with social media at work/school and in a personal context.

There is great potential for the use of social media in sporting communities in terms of organization, marketing and promotion and as a means of daily communication.

However, club members also need to understand the expectations of the Club when using social media in both a community and personal capacity as there are also risks that must be appropriately managed.

Social Media Risks

The following are some of the major risks associated with the use of social media:

- reputational damage to organisations and people;
- disclosure of confidential information and breach of privacy laws;
- posting of offensive, bullying, harassing, and discriminatory material;
- misuse of intellectual property and breach of copyright laws; and

What is Social Media?

Social media is any form of online or web-based publication, forum or presence that allows interactive communication, including, but not limited to, Facebook, LinkedIn, Instagram, blogs, forums, discussion boards, chat rooms, Wikis, Twitter and YouTube.

Guiding Principles

Members must recognize:

- online behavior should at all times demonstrate respect for the dignity of each person;
- the need to behave in an ethical manner when using social media (even for personal communication on behalf of the Club) as those communications can reflect on their role at the Club and must be consistent with the Clubs code of conduct, expectations and standards;
- Social media activities may be visible to current, past or prospective members, players and parents.

"Golden rules": Social media account holders will avoid the potential of breaching this policy and compromising the clubs expectations of them if they do not use personal social media forums to:

- post any unauthorized material about the Club (eg. Regarding players/parents/coaches/policies, etc);
- post inappropriate material about themselves or others; or
- make inappropriate contact with members of the Clubs community.

Club-related use of Social Media

Generally

When using social media for club related purposes, account holders must:

• first obtain the consent of the communications Director (which can be for a specific instance or for a general purpose or role) before:



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- posting any material that may be perceived as being made "on behalf" of the Club (eg. any commentary, Club information, photographs of the Club, players, staff or other identifying images); and
- using the Club's logo, trademarks, official photographs or any other intellectual property of proprietary materials; and
- not post inappropriate material or commentary that breaches other policies outlining expected behaviors of employees at the Club.

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If there could be reasonable concerns that posting any material could be considered inappropriate (eg. in light of potential privacy or copyright obligations), then an account holder must first raise those concerns with the Director before posting the material.

Consequences of Breaching this Policy

Non-compliance with this policy may be grounds for disciplinary action, depending on the seriousness of the circumstances.

Policy Review

This Policy will be reviewed every **two years** to take account of any changed technology, legislation, expectations or practices, and in line with board AGM nominations structure revisions.

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12.2 Appendix 3:

EDWARDSTOWN FOOTBALL CLUB

ISSUES RESOLUTION POLICY

The Edwardstown Football Club requires that all issues are resolved to the satisfaction of the club's members & officials in a timely fashion. Accordingly, the following issue resolution procedures have been developed to enable this objective to be fulfilled. All members have a responsibility to participate in reasonable actions to resolve issues. The procedures below detail the level of involvement for expediting issue resolution.

Procedure

Any person wanting to raise an issue shall do so as follows:

| Issue | To be raised with | |
|--------------------------|--|--|
| Football or team related | Team Manager &/or coach | |
| General Nature | President &/or Chairman of Board (EFC related) | |
| | Junior Football Director (Junior specific) | |

All issues to be lodged in writing to the appropriate person, as above via the EFC complaint form (this can be accessed from you coach or Team Manager or via the website).

Whenever possible, the person reporting the issue should make suggestions that may resolve the issue. As soon as possible after an issue has been reported, the Team Manager &/or Coach &/or President &/or Chairman/Junior Football Director and the claimant must meet and try to resolve the issue.

Where the initial party/ies cannot resolve the issue to the satisfaction of all parties and the matter is football/team related, the Team Manager &/or Coach or Claimant should refer the matter as soon as possible to the Junior Football Director to assist in the issue resolution process.

In attempting to resolve the issue, all parties should take into account the following factors:

- the extent of the issue (i.e. is it likely to have a wider effect in the club)
- the number of players &/or teams affected
- whether appropriate temporary measures are possible or desirable
- the expected time before the issue can be addressed and what resources may be needed to resolve the issue.

The consent of the EFC Board must be obtained before any external parties are involved in the resolution of club issues. Only the club President &/or Chairman is authorised to make public comments or statements on behalf of the club. The Team Manager &/or Coach may, at any time, call upon the Junior Football Director/President &/or Chairman for assistance to resolve the issue.

Any football or team related issue reported to the Committee, where the Team Manager &/or Coach has not been given the initial opportunity to resolve the issue, will be referred back to the Team Manager &/or Coach.

All persons must take reasonable actions to avoid situations that could cause injury or harm to the health of players, parents, officials, spectators or members of the general public. If any hazard is identified, the President &/or Vice President should be informed as soon as possible.



Record of complaint form (example)

| Name of person receiving complaint | | Date: / / |
|---|---------------------------|-------------------|
| Complainant's Name | | |
| | Over 18 | Under 18 |
| Complainant's contact details | Phone: | |
| | Email: | |
| Complainant's role/status in Club | Administrator (volunteer) | Parent |
| | Athlete/Player | Spectator |
| | Coach/Assistant Coach | Support Personnel |
| | Employee (paid) | Official |
| | Other | |
| Name of person complained | | |
| about | Over 18 | Under 18 |
| Person complained about role/status in Club | Administrator (volunteer) | Parent |
| | Athlete/Player | Spectator |
| | Coach/Assistant Coach | Support Personnel |
| | Employee (paid) | Official |
| | Other | <u> </u> |
| Location/event of alleged issue | | |
| Description of alleged issue | | |
| | | |
| | | |
| | | |
| | | |



| Nature of Complaint (category/basis/grounds) | Harassment or | Discrimination |
|--|-------------------------|-------------------|
| Can tick more than one box | Sexual/Sexist/Sexuality | Selection Dispute |
| | Coaching methods | Personality clash |
| | Verbal abuse | Race |
| | Bullying | Physical abuse |
| | Religion | Disability |
| | Victimisation | Pregnancy |
| | Child abuse | Unfair decision |
| | Other | |
| What they want to happen to fix the issue | | |
| Information provided to them | | |
| Resolution and/or action taken | | |
| Follow-up action | | |

12.3 Appendix 4:

EDWARDSTOWN FOOTBALL CLUB

BULLYING POLICY

The Edwardstown Football Club takes the issue of Bullying very seriously.

What is Bullying?

EFC deem bullying as deliberately hurting a specific person either physically, verbally, psychologically or socially. It involves a power imbalance where one person has power or strength (e.g. physical, mental, social or financial) over another and can be carried out by one person or several people who are either actively or passively involved.

In a sports context bullying can take many forms, for example:

- a parent telling their child that they are incompetent, hopeless, useless, etc.
- a coach alienating a player
- several people ganging up on an individual team member
- spectators verbally abusing players from the opposition
- an athlete calling an umpire names and using put downs and insults
- a parent intimidating a young coach

Bullying can be a 'one off' incident, but usually involves repeated actions or incidences. An individual may bully their victim face to face or use technology such as a mobile phone or computer.

Signs a person is being bullied

A person, especially a child, may not always ask for support when being bullied. They may feel afraid, ashamed or embarrassed and that the person they tell will think they are weak. Victims of bullying may think that they deserve to be bullied or are 'dobbing' by telling someone what is happening to them.

The following are signs that a person may be being bullied:

- finds excuses for not wanting to attend training or games (e.g. feeling sick, has an injury, has too much work to do) or talking about hating their sport
- wants to be driven to training or matches instead of walking
- regularly the last one picked for team or group activities
- alienated from social or shared activities
- has bruising or other injuries
- becomes uncharacteristically nervous, worried, shy or withdrawn
- clothing or personal possessions are missing or are damaged
- repeatedly 'loses' money or possessions
- suddenly prone to lashing out at people either physically or verbally

Managing bullying

Bullying is more likely to occur in environments that are highly competitive and promote a 'win at all cost' mentality.

The EFC believe that by emphasizing other aspects of sport such as enjoyment, team work, sportsmanship and skill development, especially at the junior level, that we may be able to prevent bullying behaviours.

EFC will not allow or tolerate bullying. There are several things that coaches, parents and administrators can do to prevent bullying occurring and assist both the victim/s and the bully(ies).

Action to help the victim/s:

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- Take all signs of bullying seriously. Show interest and sympathy with every allegation of bullying and provide support (remember that it takes a lot of courage for a child to admit they are being bullied)
- Ensure the victim/s are safe.

Some forms of bullying constitute assault, harassment or discrimination under federal and state legislation and are therefore illegal.

We encourage members to speak out and tell someone – a parent, coach, manager or senior club member –if they are being bullied or if they witness bullying behaviour.

Refer to Issue Resolution Policy.



I am a youth athlete.

I am brave and strong and talented. But I'm still just a kid. I am not perfect. I am a work in progress. I need you to be patient while I test the limits of my body and work through the emotions that come with success and failure. When I make a mistake, I wonder if you'll be disappointed. When I reach my goals, I look to see if you are watching. I am a youth athlete. I love my sport. You call it competition. I call it playing the game. I want to win and have fun. I am a youth athlete. I am YOUR youth athlete. Winning feels great, but your praise feels infinitely better. Please remember these things, and I promise to do my best to make you proud.